

I'm Good Blue

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 2 級數: Phrased High Improver
編舞者: Chandrani Eilena Emmiyan (INA) - February 2023
音樂: I'm Good (Blue) - David Guetta & Bebe Rexha



Intro: 32 - No Tag, No Restart

Sequences: A A A B B A A B A B (8 Counts)

Phrase A (32 Counts)

BRUSH, STEP-TOUCH, BACK-SWEEP, BEHIND-SIDE-CROSS-HOLD, SIDE-CROSS-HOLD, 1/8 TURN-SIDE-RECOVER, BACK SLIDE-DRAG

- 1-3 Brush R, Step R while a little bit jumping & touch L behind R, Step L behind while sweep R front to back.
4&5 Step R behind L, Step L to side, Cross R over L
6&7 Hold, Step L to side, Cross R over L
8&9 1/8 turn left & step L to side (10.30), Recover on R, Big step L backwards while dragging L inward

BACK-RECOVER, CHA CHA LOCK, 1/2 PIVOT, CHA CHA LOCK

- 10-11 Step R backwards, Recover on L
12&13 Step R forward, Lock L behind R on toe, Step R forward
14-15 Step L forward, 1/2 turn right & step R in place
16&17 Step L forward, Lock R behind L on toe, Step L forward

KICK-BACK-KNEE POP, STEP-BRUSH, STEP-RECOVER, SQUARING STEP-RECOVER

- 18&19 Kick R forward, Step R behind on ball, Step down R heel & pop up L knee (see over the right shoulder)
20-21 Step down L heel in place while brushing R upward, Step R forward
22-23 Recover on L, Squaring & step R to side
24 Recover on L

BACK-SWEEP, COASTER STEP, UNWIND, STEP-DRAG

- 25-26 Close R behind L while sweeping L to back (2 counts)
27-29 Step L backwards, Step R next to L, Step L forward
30-32 Cross R over L & full turn, Step L forward, Slowly dragging R (to continue start from the beginning)

Phrase B (16 Counts)

STEP-1/2 TURN-SWEEP, BEHIND-SIDE CROSS, RECOVER-SIDE-CROSS, RECOVER-SIDE, WALK (L, R)

- 1-2&3 Step R forward while 1/2 turn left and sweeping L to back, Close L behind R, Step R to side, Cross L over R (body alignment to 1.30)
4&5 Recover on R, Step L to side, Cross R over L (body alignment to 10.30)
6&7-8 Recover on L, Step R to side, Walk L R

CROSS-KNEES BENDING, 3 STEPS TURN, SCISSORS (L, R), WALK

- 9-10&11 Cross L over R while bending both knees, 1/2 turn right & step R in place, Step L forward, 1/2 turning to right & step R in place
12&13 Step L to side, Step R next to L, Cross L over R
14&15 Step R to side, Step L next to R, Cross R over L
16 Step L forward

Happy dancing

Dancing from the heart

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