Trouble Is a Friend

拍數: 32

級數: Beginner

編舞者: Suki Choi (KOR) & Sally Hung (TW) - February 2023

音樂: Trouble Is a Friend - Lenka

Restart after finishing Wall 4 (8 counts), facing 3:00 Restart after finishing Wall 10 (24counts), facing 9:00

Intro: 16 counts

S1. FWD SHUFFLE (R & L), ROCKING CHAIR

- 1&2 Fwd shuffle on R,L,R
- 3&4 Fwd shuffle on L,R,L
- 5-8 Rock fwd on R, Recover on L, Rock R back, Recover on L

S2. VINE R, TOUCH, SIDE, TOGETHER, CHASSE L W/ 1/4 TURN L

- 1-4 Step R to R, Step L behind R, Step R to R, Touch L next to R
- 5,6 Step L to L, Step R next to L
- 7&8 Step L to L, Step R next to L, 1/4 turn L stepping L fwd

S3. V-STEP, HEEL, TOE, HEEL, HOLD W/ CLAPS TWICE

- 1-4 Step R fwd to R diagonal, Step L to L (shoulder width), Step R back to center, Step L next to R
- 5,6,7&8 Tap R heel fwd, Tap R toe back, Tap R heel fwd, Hold and clap hands twice

S4. SIDE ROCK, RECOVER, TOGETHER, POINT, TOGETHER, POINT, BACK ROCK, RECOVER

- 1-4 Rock R to R side, Recover on L, Step R next to L, Touch L toe to L side
- 5-8 Step L next to R, Touch R toe to R side, Rock back on R, Recover on L

Enjoy!

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牆數:4

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