

Stop

拍數: 64 牆數: 4 級數: Phrased Improver / Intermediate
編舞者: Yuliswandarini (INA) - January 2023
音樂: Stop - Spice Girls



Start dance after intro lyric 32 counts

Sequence : AAAB - AAAB - Tag AB BB

PART A : 32 counts

S1. SKATE (R-L), SIDE CHASSE, CROSS-SIDE, TURN 1/4 LEFT, COASTER STEP

1 - 2 Skate forward R-L
3&4 Step Rf to side, L together, Rf to R side
5 - 6 Touch cross Lf over Rf, touch Lf to side
7&8 1/4 turn to L, Lf back, step Rf close beside Lf, step Lf forward

S2. KICK BALL-SIDE TOUCH (R-L), WEAVE

1&2 Kick Rf forward, R ball together, touch Lf to side
3&4 Kick Lf forward, Lf ball together, touch Rf to side
5-8 Step Cross Rf over Lf, step Lf to side, cross Rf behind Lf, touch Lf to side

S3. SAILOR STEP, ANCHOR STEP

1&2 Cross Lf behind Rf, step R to side, tap Lf in place
3&4 Cross Rf behind Lf, step Lf to side, tap Rf in place
5&6 Rock Lf back, recover on R, recover on L
7&8 Rock Rf back, recover on L, recover on R

S4. WALK FORWARD L-R, MAMBO CROSS L-R, PIVOT 1/2 TO R

1 - 2 Walk forward L-R
3&4 Rock Lf to side, recover on Rf, cross Lf over Rf
5&6 Rock Rf to side, recover on Lf, cross Rf over Lf
7&8 Step Lf forward, 1/2 turn to R, recover on Rf, Lf forward

PART B : 32 Counts

S1.V-STEP, SIDE MAMBO (R-L)

1-4 Step Rf diagonal forward, Lf diagonal forward, step Rf back, Lf close beside R
5&6 Step Rf to side, recover on Lf, step Rf close beside Lf
7&8 Step Lf to side, recover on Rf, step Lf close beside Rf

S2. CROSS-SIDE KICK, CUBAN BREAK

1 - 2 Step cross Rf over Lf, Kick Lf to side
3 - 4 Step cross Lf over Rf, Kick Rf to side
5&6 Rock cross Rf over Lf, recover on Lf, step Rf to side on ball
7&8 Rock cross Lf over Rf, recover on Rf, Lf to side on ball

S3. JAZZ BOX 1/4 TURN TO RIGHT, BIG STEP DIAGONAL (R-L)

1-4 Step cross Rf over Lf, Lf back, Rf 1/4 turn to R side, Lf forward
5-6 Big step Rf diagonal forward, touch Lf beside Rf
7-8 Big step Lf diagonal forward, touch Rf beside Lf

S4. CROSS BEHIND, CROSS SHUFFLE, SIDE ROCK, CROSS BEHIND, CROSS OVER

1-2 Step Rf cross behind Lf, step Lf to side
3&4 Cross Rf over Lf, Rf to side, cross Rf over Lf

5-6 Rock Lf to side, recover on Rf
7&8 Cross Lf behind Rf, step Rf to side, cross Lf over Rf

TAG : 16 Counts after wall 8 (12.00)

GRAPEVINE (R-L)

1- 4 Step Rf to side, Cross Lf behind Rf, Step Rf to side, touch Lf beside Rf
5 - 8 Step Lf to side, Cross Rf behind Lf, Step Lf to side, touch Rf beside Lf

K-STEP

1 - 2 Step Rf diagonal forward, touch Lf beside Rf
3 - 4 Step Lf diagonal back, touch Rf beside Lf
5 - 6 Step Rf diagonal back, touch Lf beside Rf
7 - 8 Step Lf diagonal forward, touch Rf beside Lf

Enjoy the dance
