

# Swing All Night (CBA4LDF 2023)

COPPER KNOB  
BY SHEETS

拍數: 64      牆數: 2      級數: Phrased Advanced  
編舞者: Fred Whitehouse (IRE) & Shane McKeever (N.IRE) - January 2023  
音樂: All Night Long (feat. Nelly) - Brian McKnight



**\*\* Crystal Boot Awards 2023 \*\***

**Intro: 16 Counts, approx.. on the lyrics at approx. 10 seconds**

**Sequence: AAA B AA B AAA BBB**

## Part A: 32c

**[1 – 8] Point  $\frac{3}{4}$  Turn R, Step,  $\frac{1}{4}$  Turn R Side Rock, Recover, Cross, Slide, Sweep, Cross Behind\*, Side\*, Step Diag Fwd\* (\*with Knee Pops)**

1-2            Point R to R side (1), Make  $\frac{3}{4}$  turn R keeping weight on L (2) 9:00  
3&4&        Step R fwd (3), Making  $\frac{1}{4}$  turn R Rock L to L side (&), Recover weight on to R (4), Cross L over R (&) 12:00  
5-6            Slide R to R (5), Cross L behind R sweeping R front to back (6) 12:00  
7-8&        Cross R behind L popping L knee (7), Step L to L popping R knee (8), Making  $\frac{1}{8}$  turn L Step R fwd popping L knee (&) 10:30

**[9 – 16] Walk Diag x2, Rock Fwd, Recover,  $\frac{1}{2}$  Turn L, Hitch R  $\frac{1}{8}$  Turn L, Side with Body Roll, Ball Point, Switch, Together**

1-2            Walk L fwd (1), Walk R fwd (2) 10.30  
3&4&        Rock L fwd (3), Recover on to R (&), Making  $\frac{1}{2}$  turn L step L fwd (4) continuing  $\frac{1}{8}$  turn L hitch R knee (&) 3:00  
5-6            Step R to R side angling body to 1.30 starting body roll backwards (5), Finish body roll with weight on R (6) 1:30  
&7&8&       Squaring up to 3.00 Step L next to R (&), Point R to R (7), Step R next to L (&), Point L to L (8), Step L next to R (&)3:00

**[17 – 24] Step Diag Fwd, Touch, Step Diag Fwd, Cross Behind with Sweep, Cross Behind, Triple  $\frac{1}{4}$  Turn R, Together, Roll Up**

1&2            Step R fwd to R diagonal (1), Touch L next to R (&), Step L fwd to L diagonal (2) 3:00  
3 – 4        Cross R behind L sweeping L front to back (3), Cross L behind R (4) 3:00  
5&6            Step R to R side (5), Step L next to R (&), Making  $\frac{1}{4}$  turn R step R fwd (6) 6:00  
7- 8        Step L next to R starting body roll from knees (7), Roll up to head (8) 6:00

**[25 – 32] Glide  $\frac{1}{2}$  Turn L x2, Side, Sailor Step, Back Rock, Recover**

1-2            Push ball of R into floor sliding L back (1), making  $\frac{1}{2}$  turn L transfer weight to L (2) 12:00  
3-4            Push ball of R into floor sliding L back (3), making  $\frac{1}{2}$  turn L transfer weight to L (4) 6:00  
5-6&        Step R to R (5), Cross L behind R (6), Step R next L (&) 6:00  
7-8&        Step L to L (7), Cross Rock R behind L (8), Recover on to L (&) 6:00

## Part B: 32c

**[1 - 8] Walk x2, Out Out, Touch, Roll R, Roll L, Sweep, Cross, Side**

1-2            Walk R fwd (1), Walk L fwd (2) 6:00  
&3-4        Step R to R diagonal (&), Step L to L (3), Touch R next to L (4) 6:00  
5-6            Step R to R with side body roll to R (5), Side body roll L transferring weight to L (6) 6.00  
7-8&        Step R to R sweeping L from L to R (7), Cross L over R (8), Step R to R (&) 6.00

**[9 – 16] Step Back Diag Rolling Hips Back, Forward, Back, Recover,  $\frac{1}{8}$  Turn R Step Side, Step Back Diag, Touch,  $\frac{1}{8}$  Turn L Step Forward, Step Pivot  $\frac{1}{2}$  Turn**

1-2-3        Step L to back diagonal turning body to 4.30 rolling hips back(1), Roll hips forward (2) Roll hips back (3) 4.30

4& Recover weight on to R (4), Making 1/8 turn R Step L to L (&) 6.00  
5-6 Making 1/8 turn Step R to back diagonal (5), Touch L next to R (6) 7.30  
7-8& 1/8 Turn L Stepping L fwd (7), Step R fwd (8), ½ turn L transferring weight to L (&) 12.00

**[17 – 24] Walk x2, Out Out, Touch, Roll R, Roll L, Sweep, Cross, Side**

1-2 Walk R fwd (1), Walk L fwd (2) 12:00  
&3-4 Step R to R diagonal (&), Step L to L (3), Touch R next to L (4) 12:00  
5-6 Step R to R with side body roll to R (5), Side body roll L transferring weight to L (6) 12.00  
7-8& Step R to R sweeping L from L to R (7), Cross L over R (8), Step R to R (&) 12.00

**[25 – 32] Step Back Diag Rolling Hips Back, Forward, Back, Recover, 1/8 Turn R Step Side, Step Back Diag, Touch, 1/8 Turn L Step Forward, Step Pivot ½ Turn**

1-2-3 Step L to back diagonal turning body to 4.30 rolling hips back(1), Roll hips forward (2) Roll hips back (3) 10.30  
4& Recover weight on to R (4), Making 1/8 turn R Step L to L (&) 12.00  
5-6 Making 1/8 turn Step R to back diagonal (5), Touch L next to R (6) 1.30  
7-8& 1/8 Turn L Stepping L fwd (7), Step R fwd (8), ½ turn L transferring weight to L (&) 6.00

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