

El Beso

拍數: 32 牆數: 4 級數: Improver
編舞者: Om Pardi (INA) - February 2023
音樂: El Beso (feat. Lenier) - Jacob Forever



No TAG - No RESTART

S1. Syncopated side step, cross samba, cross shuffle

1&2& step R to side, touch L together, step L to side, touch R together
3&4 step R to side, step L together, step R to side
5&6 cross L over R, step ball on R, step L in place
7&8 cross R over L, step L to side, cross R over L

S2. Basic mambo (forward, backward & side)

1&2 step L forward, step R in place, close L together
3&4 step R backward, step L in place, close R together
5&6 step L to side, step R in place, close L together
7&8 step R to side, step L in place, touch R together

S3. 3/4 volta turn, forward, 1/2 turn left, coaster step

1&2& 1/8 turn right step R forward, lock L behind R, 1/8 turn right step R forward, lock L behind R
3&4 1/4 turn right step R forward, lock L behind R, 1/4 turn right step R forward
5 6 step L forward, 1/2 turn left step R backward
7&8 step L backward, close R together, step L forward

S4. Triple step samba forward/backward, samba whisk

1&2 step R forward, step L together, step R in place
3&4 step L backward, step R together, step L in place
5&6 step R to side, cross L behind R, step R in place
7&8 step L to side, cross R behind L, step L in place

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