

Ghost LDQK

拍數: 32 牆數: 4 級數: Improver
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音樂: Ghost - Isac Elliot



Intro : 32 counts - No Tag, No Restart

[1-8] Back Shuffle R-L, Back Rock, Fwd Shuffle

1&2 Step RF back, step LF next to RF, step RF back
3&4 Step LF back, step RF next to LF, step LF back
5 6 Rock RF back, recover on LF
7&8 Step RF forward, step LF next to RF, step RF forward

[9-16] Cross Samba, 1/4R Cross Samba, Cross, Hold, Weave

1&2 Cross LF over RF, rock RF to right, recover on LF
3&4 Cross RF over LF, turn 1/4 right rocking LF to left(3:00), recover on RF
5 6 Cross LF over RF, hold
&7&8 Step RF to right, step LF behind RF, step RF to right, cross LF over RF

[17-24] Side, Touch, Hold/Knee Bounce, 1/4L Side, Touch, Hold/Knee Bounce, Knee Bounce 4 times (All Counts Have Arm styling)

&1 2 Step RF to diagonally right side, touch LF next to RF, hold with bouncing both knees
*** Arm Styling: Roll both fists in circle in the level of the right face**
&3 4 Turn 1/4 left stepping LF to left side(12:00), touch RF next to LF, hold with bouncing both knees
*** Arm Styling: Roll both fists in circle in the level of the left waist**
5 6 7 8 Keep bouncing knees in place with arm styling
***Arm Styling: Roll both fists in circle in the level of the right face, left face, right waist and left waist**

[25-32] Side Shuffle, 1/4L Side Shuffle, Fwd, Pivot 1/2L, Fwd Rock, Recover

1&2 Step RF to right, step LF next to RF, step RF to right
3&4 Turn 1/4 left stepping LF to left(9:00), step RF next to LF, step LF to left
5 6 Step RF forward, pivot 1/2 left on LF(3:00)
7 8 Rock RF forward, recover on LF

*** You can enjoy arm actions in the intro. Thank you!!**

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