

The Tide is Turning!

拍數: 32 牆數: 2 級數: Improver
編舞者: Sólveig Ingólfssdóttir (SWE) - February 2023
音樂: I Feel It In The Wind - Smith & Thell



Intro: 16 counts, app 8 sec.

Start with weight on R, facing 12:00

#2 Step change and restart: On wall 3 and wall 7, se below

[1-8] L fwd stomp, hold, kick ball step, rocking chair

1-2 Step L fwd with a stomp (1), hold (2)
3&4 Kick R fwd (3), step down on R ball (&), place L foot fwd (4)
5-8 Rock R fwd (5), recover L (6), rock R back (7), recover L (8)

[9-16] R side stomp, hold, touch L behind, unwind ¼ L, jazzbox cross

1-2 Step R to R side with a stomp (1), hold (2)
3-4 Touch L behind R (3), turn 1/4 L on R foot, weight to L foot (4) 9:00
5-6 Cross R over L (5), step back on L (6)
7-8 Step R to R side (7), cross L over R (&)*Step change and restart on wall 3 and 7

[17-24] ¼ R, R step fwd, hold, mambo turn ½ R, ¼ R wine ¼ R

1-2 Turn ¼ R stepping R fwd (1), hold (2) 12:00
3-5 Step L fwd (3), step R back (4), turn ½ over L stepping L fwd (5) 6:00
6-8 Turn ¼ L stepping R to R side (6), cross L behind R (7), turn 1/4 R stepping R fwd (8) 6:00

[25-32] 1/8 L stepping L big step fwd. R drag & step down behind L, L step in place, 1/4 R stepping R big step fwd, L drag & step down behind R, R step in place

1-2 Turn 1/8 L stepping big step L fwd (1), drag R towards L (2) 10:30
3-4 Step R behind L (3), L step in place in front of R (4)
5-6 Turn ¼ stepping big step R fwd (5), drag L forwards (6) 1:30
7-8 Step L behind R (7), R step in place in front of L (8),

Styling:

1-3 Lift both arms to place the palm of both hands on top of heart
4 Lower arms
5-8 Repeat 1-4

Turn 1/8 L while starting again

* Step change and restart on walls 3 and 7

[5-8] Jazzbox, ¼ R, L touch

5-8 Cross R over L (5), step back on L (6), ¼ R stepping R fwd (7), touch L beside R 12:00

Restart from top