

Side Two Side

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Michael A. Beall (USA) - February 2023
音樂: Boogie Tonight - Sisaundra Lewis



Special thanks to THEE Jamie Marshall

Hop-Step-Hold, Forward Coaster, Step Bump & Bump 2xs

&1-2 Hop step forward R(&), step L beside R (1), HOLD (2) weight is 80% on R
&3-4 Step L forward (&),step R beside L (3), step L back (4)
5&6 Step R to side with R hip bump (5), bump L hip left (&),bump R hip right (6)
&7&8 Quick step L beside R (&), step R to side with R hip bump (7),bump L hip left (&) bump R hip right (8) 12:00

Step-Cross-Step, Cross-Unwind, Cross and Cross, Turn Step-Beside

&1-2 Quick step L back (&), cross R over L (1), step L diag forward left (2)
3-4 Cross R behind L (3), unwind on ball of R ½ right (4) wt is still on R
5&6 Cross L over R (5), step R to side (&), cross L over R (6)
7-8 Turn ¼ left, stepping back on R (7), step L beside R (8) 3:00

Run Steps, Rock Stretch-Recover, Triple ¾ Turn, Shuffle Step,Hitch-Step

1&2 Quick run forward R (1), L (&), R (2)
3-4 Step and bring weight forward on L stretching your body fwd (3) roll back onto R (4)
5&6 Triple step ¾ left L (5), R (&), L (6) (6:00)
7&8&1 Step R diag right forward (7), slide L behind R (&), step R diag right fwd (8) Hitch L knee on the diag left,Step L diag left forward (1)

Shuffle Step,Hitch-Step,Kick-Ball-Change Funky Step

2&&3&4 Step R diag right forward (2), slide L behind R(&),step R diag right fwd (3), Hitch L knee (&),
Step L diag right forward (4)
5&6 Kick R forward (5) step ball R(&), step L in place (6)
7-8 Funky step in place R (7), L (8) (6:00)

SEXY POSE (Optional)

Coming to the 6:00 wall the 2nd time, replace the first 4 steps (counts) with HOLD while there is a sexy voice in this part of the song, no music.For these 4 beats/counts weight is on L slowly bending L knee down, and sliding R leg out to side, simultaneously sliding right hand down R leg, while looking back over R shoulder (1-4)

Be ready to immediately go into the hip bumps 5&6&7&8

Hip-Hop 32 counts

Optional Advanced Footwork

You will finish the 6:00 series now facing the 12: 00 wall

1-4 Walk back R-L-R-L
5-8 R toe tap to the side 2xs (bam-bam) body slightly down, right arm styled out (5-6)

Slide R in standing up for the words UP-DANCE (7-8)

1-2 Two quick steps back R, L (bam-bam)
3-6 March in place R-L-R-L

THEN THERE ARE 4 LOUD BEATS

5& Touch R toe to side also R arm, shoulder height,to side (1) BAM
Bring both back in with weight to R, arm to your side, bent up at the elbow (&)
6& Touch L toe to side, also L arm to side, shoulder height (2) BAM

Bring both back in, weight stayed on L, arm to your side, bent up at the elbow (&
7& R toe to the side, both arms out (3) BAM
Bring everything in, weight stays on L , both arms bent up at the elbow (&
8 Drop both arms down BAM

Repeat, but now walking forward

1-4 Walking forward R-L-R-L
5-8 R toe tap 2xs to the side bam-bam, body slightly down, right arm styled out (5-6)
Slide R back in standing up for the words UP-DANCE
1-2 Two quick steps forward R-L bam-bam
3-6 March in place R-L-R-L

THERE ARE 4 LOUD BEATS

5& Touch R toe to side also R arm, shoulder height, to side (1) BAM - Bring both back in with
weight to R, arm to your side, bent up at the elbow (&
6& Touch L toe to side, also L arm to side, shoulder height (2) BAM - Bring both back in, weight
stayed on L, arm to your side, bent up at the elbow (&
7& R toe to the side, both arms out (3) BAM - Bring everything in, weight stays on L , both arms
bent up at the elbow (&
8 Drop both arms down BAM

Start the dance again, facing the 12:00 wall, no more tags or accent steps
