

I-G-B

拍數: 56 牆數: 0 級數: Phrased
編舞者: Michael A. Beall (USA) - February 2023
音樂: I'm Goin' Back - Donnie Ray



**** Special Thanks to THEE Jamie Marshall**
#32 count intro

Dance Sequence : A, B1, B2, A, B1+, B2, A, B1,A, 16 count freestyle, A to finish

PART A: 24c

Walk Back, Side Rock, Two Quarter Turns

1-4 Walk back L-R-L-R
5-8 Side rock left (5), turning ¼ right, step R forward (6) step L forward (7) turn ¼ right still on the L (8)

Ball Change, 2 Walks, Shuffle, Step-Touch

1-4 Rock back on ball of RF (1), recover fwd to L (2), walk fwd, R, L (3-4)
5-8 Right shuffle fwd R-L-R (5&6), half-step L fwd (7), touch R toe fwd (8) (6:00)

Walk Back, ¼ Turn Step-Beside, Heel-Touch 2xs, Walk-Walk/Turn-Step, Shuffle, Step-Turn

1-4 Walk back R-L (1-2), turn ¼ right step R to the side (9:00) (3), step L beside R (4)
5-8 Touch R heel fwd, and replace (5-6), touch L heel fwd and replace (7-8)
1-4 Walk back R-L (1-2), turn in 1/2 right off that L step R forward (3), step L beside R (4) (3:00)
5&6 R shuffle forward R-L-R (5&6)
7-8 Step forward on L (7), turn ¼ right on ball of L (8) (6:00)

B1: 32c

Step Back-Touch, Step Back-Touch, Step-Brush, Step-Step

1-2 Step R diag back right (1), touch L beside R (2)
3-4 Step L diag back left (3), touch R beside L (4)
5-6 Step R forward (5), brush L forward (6)
7-8 Step own on L (7), step forward on R (8)

Rock-Recover, Back Roll Motion 2xs, ¼ Turn-Step-Touch

1-2 Rock fwd on L (1), recover back on L (2)
&3-4 A quick step back on L (&), step back on R, rolling upper body back, stay on the R (3-4)
&5 Repeat &3
6-8 Step L back (6), turn ¼ right step R to side (7), touch L beside R (8) (6:00)

Toe Strut/Shimmy

1-2 Step L toe fwd (1), L heel down and shimmy (2)
3-4 Step R toe fwd (3), R heel down and shimmy (4)
5-8 Repeat

Walking Rocking Chair

1-2 Rock fwd on L (1), recover bk on R (2)
3-4 Two walks back L (3), R (4)
5-6 Rock back on L (5), step fwd on R (6)
7-8 Step fwd on L (7), turn ¼ left stepping R to side (8) (6:00)

NOTE: This ¼ turn step to the side is VERY quick, because you go QUICKLY into B2

B2 : [32c] WITH SAME STEPS AS B1, BUT OPPOSITE FOOT LEAD

Step diag back-touch, Step diag back touch, Step-brush, Step down, Step forward

- 1-4 Step L diag back left (1), touch R beside L (2), step R diag back right (3), touch L beside R(4)
5-6 Step L forward (5), brush R forward (6)
7-8 Step down on R (7), step forward on L (6:00)

Rock-recover, back motion 2xs, ¼ turn step-touch

- 1-2 Rock fwd on R (1), recover back to L (2)
&3-4 Quick step back on R (&), step back on L rolling upper body back, stey on L (3-4)
&5-6-7-8 Quick step back on R (&),stepping L back rolling upper body back (5), step back on R (6), turn ¼ left, step L to side (7), touch R beside L (8) (3:00)

Toe Struts Forward, style with shimmies

- 1-4 Step R forward and down (1-2), step L forward and down (3-4) Shimmy - Shimmy
5-8 Repeat, with shimmies

Rock fwd-recover, 2 walks, rock back-recover, step-touch

- 1-2 Rock fwd on R (1), recover back to L (2)
3-4 Walk back R-L (3-4)
5-6 Rock back on R (5), recover forward on L (6)
7-8 Step R forward, STEP-TOUCH L beside R (7-8)

B1+ ONE TIME Booty/Hip Sway Series

You will have done the 7-8 step-turn to end Part A, towards the 9:00 wall

Step Pivot, Step Pivot, Side Rock-Recover, Quick Step-Sway 2xs

- 1-2 Step forward on R (1), pivot turn ¼ left, on the ball of LF (2) (6:00)
3-4 Step forward on R (3),pivot turn ½ left, on ball of LF (4) (12:00)
5-6 Side rock right (5), recover to L (6)
&7-8 Quick step R (wt) beside L (&), step/sway L to side (7), step/sway R to side (8)

Sway 4xs, Slide-Pose, Step Behind-Side-Touch

- 1-4 Be you funky self and sexy sway hips left, right, left, right
5-8 Strike a POSE like "What do you think ?" shifting weight to L with the word "WELL ?" (6-7-8)

Use this 6-7-8 to scan the judges, as if looking for a response

finish this B1+ with the R lead strut/shimmy.

To finish B1+ walking rocking chair

- 1-2 Rock fwd on R (1), recover back to L (2)
3-4 Two walks back R (3), L (4)
5-6 Rock back on R (5), rock forward onto L (6)
7-8 Step forward on the R (7), and make ¼ turn left on the ball of R (8)

TAG: You will finish Part A on the 6:00 wall, change the step-turn, to a step-half turn to face the 12:00 wall for the 16 count freestyle

ENDING

You will do Part A 3xs, the first 2 times you will finish Part A with 2 walks L-R, the last one you will finish that Part A with step L fwd turn ¼ right (12:00)

Thank you everyone for a wonderful 30 years of line dancing..Love Michael
