September

拍數: 48

級數: Beginner

編舞者: Marianne Langagne (FR) - 2 February 2023

音樂: September - Cameron Hobbs

Intro : 32 Counts – Starts on « First » (It Was the first september) Séquences : 48 – 48 – 48 – 48 – 16 – 48 – 48 – 48 – 48 – 48 (Final : Step ½ Turn L, Step ¼ Turn L)

S1: R DIAGONALLY STEP, TOUCH, L DIAGONALLY STEP, TOUCH, HEEL, TOUCH, HEEL, TOUCH

- 1-2 RF Diagonally Fwd R, Touch LF next to RF
- 3-4 LF Diagonally Fwd L, Touch RF next to LF
- 5-6 R Heel Diagonally Fwd (1:30), Touch RF next to LF
- 7-8 R Heel Diagonally Fwd (1:30), Touch RF next to LF

S2: DIAGONALLY BACK, TOUCH, DIAGONALLY BACK, TOUCH, ROCK BACK, STOMP UP TWICE

- 1-2 RF Diagonally Back R, Touch LF next to RF (Body to 1:30)
- 3-4 LF Diagonally Back L (12:00), Touch RF next to LF
- 5-6 RF Back, Recover on LF
- 7-8 Tape 2 x RF ground

S3: STEP LOCK STEP, SCUFF, STEP LOCK STEP, SCUFF

- 1-2-3 RF Fwd, Cross LF Behind RF, RF Fwd
- 4 Scuff LF Back to Front
- 5-6 LF Fwd, Cross RF behind LF, LF Fwd
- 7-8 Scuff RF Back to Front

S4: CROSS & HEEL ¼ TURN R, TOGETHER, CROSS SHUFFLE, HOLD

- 1-2 Cross RF over LF, LF Back with ¼ Turn R (3:00)
- 3-4 R Heel Diagonally Fwd R, Together (weight on RF)
- 5-6-7 Cross LF over RF, RF to the R, Cross LF over RF
- 8 Hold

S5: SIDE, TOUCH, SIDE, TOUCH, POINT TO R, TOUCH, POINT R TO R, TOUCH

- 1-2 RF to The R, Touch LF next to RF
- 3-4 LF to the L, Touch RF next to LF
- 5-6 R Point to the R, Touch RF next to LF
- 7-8 R Point to the R, Touch RF next to LF

S6: SIDE, TOGETHER, STEP FWD, HOLD, STEP ½ TURN R STEP FWD, HOLD

- 1-2 RF to the R, Together (weight on LF)
- 3-4 RF Fwd, Hold
- 5-6 LF Fwd, ½ Turn R (weight on RF) 9:00
- 7-8 LF Fwd, Hold (weight on LF)

ENJOY !!!!

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牆數:4