San Francisco Bay



拍數: 64 牆數: 2 級數: Improver 編舞者: Charlotte Steele (SA) - February 2023

音樂: San Francisco Bay - Smokie: (ZDF Disco 24.03.1980)



This dance is dedicated to one of San Francisco's finest citizens, Russell Breslauer.

INTRO - TWO OPTIONS:

- (1) Very quick start on count 1 of intro vocals on the word "...Maybe..."
- (2) Start on main vocals at start of heavy beat +-36 seconds into the track.

The dance was choreographed to start on Intro Option 2 (start of heavy beat).

S.1 Forward Cross Step-Point x2. Rocking Chair.

- 1-2 Step R forward and across L, point L to left side3-4 Step L forward and across R, point R to right side
- 5-8 Rock forward on R, recover back onto L, rock back on R, recover forward onto L (12:00)

S.2 Vine Right-Touch. Rolling Vine Left-Touch.

- Step R to right side, step L behind R, step R to right side, touch L next to R Step ¼ left (9:00) and step L forward, turn ½ left (3:00) and step R back,
- 7-8 Turn 1/4 left (12:00) and step L to left, touch R next to L

S.3 Monterey 1/2 Turn right x2.

- 1-2 Touch R toe to R side, drag R to L and pivot 1/2 turn right stepping down on R (6:00)
- 3-4 Touch L toes to left side, step L beside R
- 5-6 Touch R toe to R side, drag R to L and pivot 1/2 turn right stepping down on R (12:00)
- 7-8 Touch L toes to left side, step L beside R (weight on L)

S.4 Step Back-Point x2. Reverse Rocking Chair.

- 1-2 Step back on R, point L to left side
- 3-4 Step back on L, point R to right side
- 5-8 Rock back on R, recover forward onto L, rock forward on R, recover back onto L

Restart here on wall 3 (after 32-count instrumental section).

S.5 Monterey 1/4 Turn right x2.

- 1-2 Touch R toes to R side, drag R to L and pivot 1/4 turn right (weight to R) (3:00)
- 3-4 Touch L toes to left side, step L beside R
- 5-6 Touch R toes to R side, drag R to L and pivot 1/4 turn right (weight to R) (6:00)
- 7-8 Touch L toes to left side, step L beside R (weight to L)

S.6 Cross-Side-Behind-Side to left. Side-Behind-Side-Cross to right.

- 1-4 Cross R over L, step L to left side, step R behind L, step L to side (weight on L)
- 5-8 Step R to right side, step L behind R, step R to side, cross L over R (weight on L) (6:00)

**4 count Tag + Restart here on wall 1 and wall 4.

S.7 Rumba Box-Brush.

Step R to right side, step L next to R, step R forward, touch L next to R
 Step L to left side, step R next to L, step L back, brush R forward (6:00)

S.8 Jazz Box x2

- 1-4 Cross R over L, step L back, step R to side, step L slightly forward (weight on L)
- 5-8 Cross R over L, step L back, step R to side, step L slightly forward (weight on L) (6:00)

Start Again

RESTARTS and TAG as per Intro Option 2: **TAG: SWAY R-L-R-L (weight to end on L) Wall 1 after 48 counts + 4 count tag**
Wall 3 after 32 counts (no tag)
Wall 4 after 48 counts + 4 count tag**

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Latest Update: 6 February 2023