Trustfall (信任背摔)

拍數: 32

級數: Improver

編舞者: Diana Liang (CN) - February 2023

音樂: TRUSTFALL - P!nk

Intro: 16

S1: Modified V-Step Hold, Chasse, 1/4 x2

1&2 step Rf diagonal forward, step Lf diagonal forward, hold

牆數: 4

- 3&4 step Rf home, step Lf next to Rf, hold
- 5&6 step Rf to R side, step Lf next to Rf, step Rf to R side
- 7-8 turn 1/4 to L stepping Lf forward, 9H, turn 1/4 to L stepping Rf to R side, 6H

Restart Here during W6, facing 9H, after changing the 8th count to turn 1/4 to L touching Rf next to Lf

S2: Sailor LR, Rock Recover, 1/4L Chasse

- 1&2 step Lf behind Rf, step Rf to R side, step Lf to L side
- 3&4 step Rf behind Lf, step Lf to L side, step Rf to R side
- 5-6 rock Lf forward, recover to Rf
- 7&8 turn 1/4 to L stepping step Lf to L side, 3H, step Rf next to Lf, step Lf in place

S3: RL(Toe Strut, 1/2 Pivot)

- 1-2 touch Rf toes forward, put down Rf heel
- 3-4 turn 1/4 to R stepping Lf to L side, 6H, turn 1/4 to R step Rf in place, 9H
- 5-6 touch Lf toes forward, put down Lf heel
- 7-8 turn 1/4 to L stepping Rf to R side, 6H, turn 1/4 to L step Lf in place, 3H

Ends here during W15, after changing 7-8 to step Rf forward, hold.

S4: Jump Side Touch Hold, Paddle Turns, Touch Together

- 1&2 jump Rf to R side, touch Lf next to Rf, hold
- 3&4 jump Lf to L side, touch Rf next to Lf, hold

Restart Here during W3 facing 9H and W8 facing 3H

- 5& turn 1/8 to L pointing Rf to R side, 1:30H, push Rf to recover to Lf
- 6& = 5&, 12H
- 7& = 5&, 10:30H
- 8 turn 1/8 to L touching Rf next to Lf, 9H

Tag: 4C of Rocking Chair @ the End of W2 and W7, both facing 6H

1-4 Rock Rf forward, recover to Lf, rock Rf back, recover to Lf

Restarts:

*1st Restart: after 28C during W3, facing 9H

**2nd Restart: after changing the 8th count of S1 during W6 to turn 1/4 to L touching Rf next to Lf facing 9H

***3rd Restart: after 28C during W8, facing 3H

Thanks and happy dancing!

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