

# Heartfirst

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Beginner / Improver  
編舞者: Donna King (USA) - February 2023  
音樂: HEARTFIRST - Kelsea Ballerini



**Intro: Starts after 32 counts**

## **2 Double Heel Twists, 4 Singles**

1,2,3,4      Twist right heel in and hold, and out as you twist left heel in and hold out  
5,6,7,8      Twist right heel in, and out as you twist left heel in and out, repeat right and left, weight end on left

## **Grapevine Right with Heel Jack, Cross, ¼ turn Left, Full Turn Right, Shuffle Left**

1,2,3&4      Step right to rt side, step left behind right, Step rt to rt, put left heel out, step on left, cross right over left, angling left foot to 9:00 wall (1/4 turn)  
5,6,7&8      Step forward on left, ½ turn rt, step back on rt, ½ turn rt, shuffle forward on left

## **Step Right, Hold, Ball Step, Hold, Behind, Side, Cross and Shuffle**

1,2&3,4      Step right to right, hold, step left next to rt, step rt to rt, hold  
5,6,7&8      Step left behind rt, step rt to rt side, step left across rt and shuffle

## **Side Rock, Behind Side Cross, Rock Return, Coaster Step**

1,2,3&4      Step to right, return on left, step rt behind left, step left to left, step rt across left  
5,6,7&8      Rock forward on left, rock back on right, step left beside right step forward on left

**Repeat**

**No Tags, No restarts!**

**Enjoy! See you on the dance floor!**

**Last Update: 8 Feb 2023**

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