

I Can Buy Myself Flowers

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Jamie Sweet (USA) - February 2023
音樂: Flowers - Miley Cyrus



Start after she says Burn (0:25 sec) on MMM

NO TAGS OR RESTARTS

[1-8] HIP BUMPS RR, LL, HIP SWAYS R,L,R,L, FLICK R

1,2 Bump hips R (1), Bump hips R (2)
3,4 Bump hips L (3), Bump hips (4)
5,6 Sway hips R (5), Sway hips L (6)
7,8 Sway hips R (7) Sway hips L (8) (weight on L) (add style with a flick R)

[9-16] SHUFFLE BOX (triple steps with ¼ turns)

1 & 2 Step R to side, Step L next to R foot, Step R to side
& On ball of R foot Turn 1/4 L 9:00
3 & 4 Step L to side, Step R next to L foot, Step L to side
& On ball of L foot Turn 1/4 L 6:00
5 & 6 Step R to side, Step L next to R foot, Step R to side
& On ball of R foot Turn 1/4 L 3:00
7 & 8 Step L to side, Step R next to L foot, Step L to side (NO TURN!)

[17-24] WALK x2, OUT, OUT, IN, IN, TWIST ½ TURN L

1,2 Walk Forward R (1), L (2)
&3&4 RF steps out to right (&), LF steps out to left (3), RF steps into LF (&), LF steps into RF (4)
5,6,7,8 On balls of feet twist heels to right, center, right, center, ½ turn to your left

(add style raise arms above head)

(Alternate Step for twists) Paddle RF 4x ½ turn to the L

[25-32] WALK x2, OUT, OUT, IN, IN, TRIPLE BACK, TRIPLE BACK

1,2 Walk Forward R (1), L (2)
&3&4 RF steps out to right (&), LF steps out to left (3), RF steps into LF (&), LF steps into RF (4)
5&6 Step RF back, Close LF next to R, Step RF back

(Styling Option: Raise R shoulder up (5), Raise L shoulder up (&), Raise R shoulder up (6))

7&8 Step LF back (7), Close RF next to L (&), Step LF back (8)

(Styling Option: Raise L shoulder up (7), Raise R shoulder up (&), Raise L shoulder up (8))

Last Update - 6 Feb. 2023 - R1