

Straight Up

拍數: 48 牆數: 4 級數: High Improver
編舞者: Mikael Mölsä (FIN) - 12 December 2022
音樂: Straight Up - The Brian Setzer Orchestra : (CD: The Brian Setzer Orchestra)



Starting point: At vocals, at about 0:12.

Ending: The dance ends on wall 12. On that wall, turn 1/4 to left instead of 1/2 on count 3 so that you'll be facing front wall. Then do the sailor step and strike a pose!

TOE STRUTS, KICK, SHORTY GEORGES

- 1-2 Touch right toe forward, step weight to right foot
- 3-4 Touch left toe forward, step weight to left foot
- 5-6 Kick right to right side, point your both knees to left while stepping right next to left (left knee is slightly in front of right)
- 7-8 Point your both knees to right while stepping right forward, point your both knees to left while stepping left forward (straighten up at the end of count 8)

STEP ACROSS, HOLD, 1/2 UNWIND, HOLD, SAILOR STEP, HOLD

- 1-2 Step right across left, hold
- 3-4 Unwind 1/2 to left, hold
- 5-6 Step left behind right, step right next to left
- 7-8 Step left to left diagonal, hold (weight is on both legs)

TWISTS TO THE RIGHT

- 1-2 Twist right heel right, twist right toe right
- 3-4 Twist right heel right, twist right toe right
- 5-6 Twist left heel right, twist left toe right
- 7-8 Twist left heel right, twist left toe right

TOE TOUCHES, CROSS ROCK, BIG SIDE STEP

- 1-2 Touch right to right side, touch right next to left
- 3-4 Touch right heel forward, touch right next to left
- 5-6 Rock right across left, recover weight back to left
- 7-8 Take a big step to right side with right, hold

KICK, BEHIND, 1/4 RIGHT TURNING STEP FORWARD, SIDE STEP, KICK, BEHIND, SIDE, CROSS

- 1-2 Kick left to left diagonal, step left behind right
- 3-4 Turn 1/4 to right and step right forward, step left to left side
- 5-6 Kick right to right diagonal, step right behind left
- 7-8 Step left to left side, step right across left

STEP BACK, HOLD, SIDE STEP, HOLD, STEP FORWARD, STEP TOGETHER, HEEL STAND

- 1-2 Step left back, hold
- 3-4 Step right to right side, hold
- 5-6 Step left forward, step right next to left
- 7-8 Lift both your toes (so that you are standing on your heels), lower your toes (weight ends up on left)

REPEAT