

# Better Stop

拍數: 32      牆數: 2      級數: Upper Intermediate  
編舞者: Lu Olsen (AUS) & Stephen Paterson (AUS) - January 2023  
音樂: Stop - Sam Brown



Use the 3.58 min version of the song "Stop (Edit)"

#16 count intro start on vocals,

**[1-8a] Side, Behind, Side, Cross, Recover, Side, Recover, Behind/sweep, Behind, ¼ fwd, Fwd Coaster, Tog**

1, 2 a      Step R to Right, Step L behind R, Step R to Right  
3 a 4 a      Rock L over R, Recover onto R, Rock L to Left, Recover onto R 12.00  
5, 6 a      Step L behind R/sweep R, Step R behind L, ¼ Left turn & step L fwd, 9.00  
7 a 8 a      Step R fwd, Step L tog, Step R back, Step L tog 9.00

**[9-16&a] Step, Pivot ½, ½, ¼, Roll Turn Right, Behind, Side, Cross, Side, Sailor 3/8**

1, 2 a 3      Step R fwd, ½ Left pivot turn, ½ left turn & step R back, ¼ left turn & step L to Left 6.00  
4 a      \* 5 Full R rolling turn to right: Stepping R, L \*, R 6.00  
6 & a      Step L behind R, Step R to right, Cross L over R, 6.00  
7, 8 & a      ^ Step R to right, 3/8th Left turning Left sailor to 1.30 (L, R, L) ^ 1.30

**[17-24a] Prissy Walks R, L, R, Hitch Cross, Side, Behind, Lunge Side, Roll Turn Left, Cross, Side**

1, 2, 3      Prissy walks fwd to 1.30: Step R over L, Step L over R, Step R over L/hitch L, 1.30  
4 & a      (1/8th right turn to 3.00) Cross L over R, Step R to right, Step L behind R 3.00  
5, 6 a 7      Lunge to R to right, Full L rolling turn to left: Stepping L, R, L 3.00  
8 a      Cross R over L, Step L to left 3.00

**[25-32&a] Back Sweeps x3, Back, Side, Fwd, Rock Fwd, Recover, ½ Fwd, Rock Fwd, Recover, 5/8 Fwd**

1, 2, 3,      1/8th right then step R back/sweep L, Step L back/sweep R, Step R back/sweep L 4.30  
4 & a      Step L back, 1/8 Right turn & step R side, 1/8th Right turn & Step L fwd 7.30  
5,6a      # Rock step R fwd, Recover back onto L, ½ Right turn & step R fwd # 1.30  
7, 8 a      Rock step L fwd, Recover back onto R, 5/8th left turn & step L fwd 6.00  
(#Wall 5 modify counts 6a to: 6&a: L back, 3/8th R turn R fwd, L fwd)

**TAG Always Danced to 12.00 (18 counts) ...(on word 'stop')..... You better 'STOP').... Easy to hear...**

**Side, Hold, Tog, Scissor Cross, Side, Behind Sweep, Behind, ¼ Fwd, Pivot ½, Roll Fwd 3/4**

1, 2 a 3 a 4      Step R to Right, Hold, Step L beside R, Step R to right,, Step L beside R, Cross R over L  
12.00  
a 5, 6 a      Step L to left, Step R behind L/sweep L, Step L behind R, ¼ Right turn & Step R fwd 3.00  
7,      Step L fwd 9.00  
8 & a      Pivot ½ Right turn onto R, ½ Right turn back onto L, ¼ Right turn & step R side 6.00

**Rock Fwd, Recover, Half, Fwd, Pivot ½, ½ Back, Back, Cross, Back, Side, Tog, Cross, Unwind, Sway, Sway**

1, 2 a      Rock step L fwd, Recover back onto R, ½ left turn & step L fwd 12.00  
3 a 4 a      Step R fwd, ½ Left pivot, ½ left & step R back, Step L slightly back, 12.00  
5 a 6 a      Cross R over L, Step L back at L 45, Step R to Right, Step L beside R, 12.00  
7, 8      Cross R toe over L, Full Left unwind (weight on L) 12.00  
1, 2,      Step R & Sway R, Sway L 12.00

**TAGS (12.00) End of WALLS 2 and WALL 4, ..**

**WALL 6 – dance to counts 16&a, dance TAG then add extra Sway R, Sway L,**

**SHORT WALLS – (very easy to hear)**

WALL 3 (12.00) – Dance first 12 a\* counts then start Wall 4 at 6.00

WALL 5 (12.00) – Dance to count 29# modify count 30a to 30&a: Step L back, 3/8 R turn R fwd, Step L fwd  
12.00)

WALL 6 (12.00) dance first 16&a^ counts, straighten to 12.00 & add TAG with 2 extra sways-slight pause-  
Restart

ENDING- WALL 7 (12.00) dance first 16&a^ counts, Step R to Right to finish at 12.00

Sequence: 32a, 32a, Tag, 12a, 32a, Tag, 30&a, 16&a, Tag+Sways, 16&a

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