

# High Horse

拍數: 32      牆數: 4      級數: Beginner  
編舞者: James Fitzwater - February 2023  
音樂: High Horse - Nelly, BRELAND & Blanco Brown



## I. [1-8]. Step points X4

- 1-2      Step Forward on right, point left toe out to the side.
- 3-4      Step Forward on left, point right toe out to the side.
- 5-8      Repeat steps 1-4

## II. [9-16]. Backwards Sailor steps X4

- 1&2      Moving in a backwards motion, bring right behind left, change weight onto the left, step right beside left.
- 3&4      Moving in a backwards motion, bring left behind right, change weight onto the right, step left beside right.
- 5&6,7&8      Repeat steps 1-4

## III. 17-24. $\frac{3}{4}$ reverse hitch, vines hitches, vines

- 1-4      Step forward on right  $\frac{3}{4}$  turn over left shoulder while hitching the left knee up, place left foot down, hitching right knee up.
- 5-8      Going into a right vine with a left touch.

## IV. 25-32. Vine $\frac{1}{2}$ Turn, Hip bumps.

- 1-4      Vine Left while turning a  $\frac{1}{2}$  turn over left shoulder, slightly placing right foot forward.
  - 5-8      Bump hips forward on to the right foot twice, change weight back to the left foot and bump hips twice.
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