

Red Pepper

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Low Intermediate
編舞者: CHERYL ALLISON (USA) - September 2012
音樂: All That - Masters At Work



Step Sheet: Answorth Robinson – Email: agrark@aol.com

Intro: 32 Counts

RIGHT SHUFFLE LEFT FORWARD, LEFT SHUFFLE RIGHT BACK

1&2 Shuffle forward R, L, R
3-4 Rock L forward, recover R
5&6 Shuffle back L, R, L
7-8 Rock Right back, recover L

TOUCH RIGHT FOOT TO R-SIDE, TOUCH LEFT FOOT TO L-SIDE, JAZZ BOX ¼ TURN R

1-2 Touch right foot to right side, step together with left,
3-4 Touch left foot to left side, step together with right
5-8 Cross R over L, step back on L, turn ¼ right, step R to side, step L next to R

RIGHT SHUFFLE LEFT FORWARD, LEFT SHUFFLE RIGHT BACK

1&2 Shuffle forward R, L, R
3-4 Rock L forward, recover R
5&6 Shuffle back L, R, L
7-8 Rock Right back, recover L

TOUCH RIGHT FOOT TO R-SIDE, TOUCH LEFT FOOT TO L-SIDE, JAZZ BOX ¼ TURN R

1-2 Touch right foot to right side, step together with left,
3-4 Touch left foot to left side, step together with right
5-8 Cross R over L, step back on L, turn ¼ right, step R to side, step L next to R

LINDY R, ROCK RECOVER, LINDY L ½ TURN STEP RIGHT LEFT

1&2 Step right foot to right side, step together with left foot, step right foot to right side
3-4 Rock back with ball of left foot, replace weight forward to right foot
5&6 Step left foot to left side, step together with right foot, step left foot to left side
7-8 Step ½ turn right with right foot, step left next to right

LINDY R, ROCK RECOVER, LINDY L ½ TURN STEP RIGHT LEFT

1&2 Step right foot to right side, step together with left foot, step right foot to right side
3-4 Rock back with ball of left foot, replace weight forward to right foot
5&6 Step left foot to left side, step together with right foot, step left foot to left side
7-8 Step ½ turn with right foot, step left next to right

RIGHT TOE STRUT, LEFT TOE STRUT, RIGHT TOE STRUT, STEP TOUCH

1-2 Touch right toes forward, Drop right heel to the floor
3-4 Touch left toes forward, Drop left heel to the floor
5-6 Touch right toes forward, Drop right heel to the floor
7-8 Step left foot forward, Touch right foot behind left.

ZIG ZAG STEPS BACK RIGHT-LEFT SWIVEL HEELS, HITCH RIGHT (2X)

1-2 Step R back at a diagonal (1), touch L next to R (2)
3-4 Step L back at a diagonal (3), touch R next to L (4)
5-6 Swivel heels right (5) left (6)

7-8

Hitch Right (7), Hitch Right (8)

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