Slide Into Yesterday



拍數: 32 牆數: 4 級數: High Improver 編舞者: Mark Paulino (USA) & Michelle Wright (USA) - 31 January 2023

音樂: Slide - Madeline Merlo



Starts: 16 counts

[1 - 8] STEP BACK AND DRAG, BA	ACK ROCK RECOVER,	STEP FORWARD,	RAISED SWEEPING HITCH,
CROSS OVER, SIDE STEP			

12	Step L back with R dragging back towards L 12:00
1 4	SIED E DACK WILL IN GLAUGHIU DACK LUWAIUS E 12.00

3 4 Rock R back, recover ahead onto L

5 6 Step R forward in a lowered position (knee slightly bent), hitch forward with the L as your rise

up having your weight shift on the ball of the R

7 8 Cross L over R (1:30), R side step (12:00)

[9 - 16] BACK CROSS ROCK RECOVER, 1/4 TURN PIVOT, BOX STEP 3/8 TURN WITH A STEP FORWARD

12	L cross rock behind R (10:30), recover onto R 10:30
1 2	L Cross rock bening R (10:30), recover onto R 10:30

3 4 Step forward with the L while ¼ turn pivot R, recover onto R 1:30

5 6 L cross over R, 3/2 turn L with R stepping back 9:00

7 8 L side step, R stepping forward

1

[17 - 24] SIDE STEP DRAG/TOGETHER X2, WEAVE

12	L side step as you drag R towards L, step R besides L
3 4	L side step as you drag R towards L. step R besides L

5 6L cross over R, R side step7 8L cross behind R, R side step

[25 – 32] CROSS ROCK/RECOVER, SIDE ROCK/RECOVER, STEP FORWARD % PIVOT TURN, % TURN PIVOT, PRESS FORWARD

12	L cross rock over R recover onto R
1/	L Cross rock over R. recover onto R

3 4 L side rock, recover onto R

5 6 Step L forward with a ¼ pivot turn R, recover onto R 12:00

7 8 ½ pivot L weight shifting from R to L, R presses forward with the R ball of the feet 9:00

Restart: 16 count restart on the 10th wall facing 9:00, ending facing 6:00

Email: the finelinedance@gmail.com - michellelinedance@gmail.com