

Yodel Trouble

拍數: 32 牆數: 4 級數: Beginner
編舞者: Tom Inge Soenju (NOR) - January 2023
音樂: The Cowboy Yodel - Cliona Hagan



Note: Alternative pop track: "Don't Leave Me Now" by Lost Frequencies & Mathieu Koss (16C intro, no tags or restarts).

This dance was made to teach beginners some triple steps (Triple in place, Shuffles, Coaster steps).

Intro: 16 counts.

Sequence: Repeating sequence.

Tag/Restart: No tags or restarts.

End: Dance as normal until music ends.

SECTION 1: TOE-HEEL-TRIPLE STEPS IN PLACE X2

1-2 Touch R toes next to LF (knee inward), Touch R heel next to LF (knee outward)
3&4 Step RF in place, Step LF in place, Step RF in place
5-6 Touch L toes next to RF (knee inward), Touch L heel next to RF (knee outward)
7&8 Step LF in place, Step RF in place, Step LF in place

SECTION 2: SHUFFLE X2, ROCK-RECOVER, COASTER STEP

1&2 Step RF fwd, Step LF next to RF, Step RF fwd
3&4 Step LF fwd, Step RF next to LF, Step LF fwd
5-6 Rock RF fwd, Transfer weight onto LF
7&8 Step RF back, Step LF next to RF, Step RF fwd

SECTION 3: ROCK-RECOVER, B SHUFFLE X2, COASTER STEP

1-2 Rock LF fwd, Transfer weight onto RF
3&4 Step LF back, Step RF next to LF, Step LF back
5&6 Step RF back, Step LF next to RF, Step RF back
7&8 Step LF back, Step RF next to LF, Step LF fwd

SECTION 4: ROCKING CHAIR, ¼ R JAZZ BOX TURN

1-2 Rock RF fwd, Transfer weight onto LF
3-4 Rock RF back, Transfer weight onto LF
5-6 Cross RF over LF, Step LF back
7-8 ¼ R turn stepping RF to R side, Step LF slightly fwd [03:00]

Start again and enjoy! Happy Dancing!

Contact: If anything is unclear or if you would like additional information, please contact me:

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