

Ol' Church Hymn (You Soothe My Soul) COPPER KNOB

拍數: 32 牆數: 4 級數: Improver
編舞者: Susan Doyle (USA) - February 2023
音樂: Ol' Church Hymn (feat. Chapel Hart) - Darius Rucker



***8 Count Intro, start with vocals**

Section 1: [1-8] WALK FORWARD, STEP-LOCK-STEP, ¼ TURN RIGHT HIP SWAYS L & R, WEAVE RIGHT

1 – 2 Walk forward R, L
3 & 4 Step forward on R @ diagonal, Step/slide L behind R, Step forward on R
5 – 6 Step L ¼ turn right swaying hips L, R
7 & 8 Step L behind R, Step R to right, Cross L over R

Restart #1 here: Begin wall 3, restart after 8 counts (9:00)

Section 2: [9-16] RIGHT SIDE TOGETHER FORWARD, LEFT SIDE TOGETHER FORWARD, ½ TURN LEFT FORWARD POINT, FORWARD POINT

1 & 2 Step R to right, Step L beside R, Step R forward
3 & 4 Step L to left, Step R beside L, Step L forward
5 – 6 Step R forward making ½ turn pivot left (ensure weight is on R), Tap L toe forward
7 – 8 Step L forward, Open shoulders to L diagonal as you point R forward

Restart #2 here: Begin wall 6 (3:00), restart after 16 counts (12:00)

Section 3: [17-24] SAILOR STEP ¼ TURN LEFT, RIGHT CROSS SAMBA, LEFT CROSS SAMBA ¼ TURN LEFT, MAMBO STEP BACK

& 1 & 2 Recover weight on R, Sweep L behind R making ¼ turn left, Step R to right, Step L to left
3 & 4 Cross R over L, Rock L to left side, Recover onto R
5 & 6 Cross L over R, Step R to right side making ¼ turn left, Recover onto L
7 & 8 Rock R forward, Recover weight on L, Step back on R

Section 4: [25-32] WALK BACK L, R, WITH TOE FANS, COASTER STEP, WEAVE RIGHT TO LEFT

1 – 2 Step back on L fanning R toes to right side keeping R heel on the floor, Step Back on R fanning L toes to left side keeping L heel on the floor
3 & 4 Step back on L, Step R back next to L, Step L forward
5 & 6 & Step R to right, Step L behind R, Step R to right side, Step L to left side
7 & 8 Step R behind L, Step L to left side, touch R toe next to L

Restart #1: Begin wall 3 (6:00), restart after 8 counts (9:00)

Restart #2: Begin wall 6 (3:00), restart after 16 counts (12:00)