

Salsa Carnaval

拍數: 32 牆數: 4 級數: Improver
編舞者: Tove Souto (NOR) - January 2023
音樂: La Vida Es un Carnaval - Celia Cruz : (CD: para la eternidad)



Intro: 32 counts – Tag A (4 counts) – Start

SECTION 1: Mambo forward L and back R, x 2, 12:00

1&2 Rock L forward, Recover on R, Step L back slightly behind R, 12:00
3&4 Rock R back, Recover on L, Step R forward slightly in front of L, 12:00
5&6 Rock L forward, Recover on R, Step L back slightly behind R, 12:00
7&8 Rock R back, Recover on L, Step R forward slightly in front of L, 12:00

SECTION 2: Salsa turn to L , diagonal rocking chair 1:00, slide L facing 3:00

1&2 Rock L forward, Recover on R with ½ turn to the left, step L slightly forward 6:00
3&4 Rock R forward (6:00), Recover on L with 2/3 turn to the left (1:00), Step R slightly forward diagonally (1:00)
5&6& Rock forward on L, Recover on R, Rock back on L, (1:00) Recover on R with 1/8 turn R (3:00)
7 3:00, Step L to left and slide R in together
8 Change weight to R, (3:00)

SECTION 3, Mambo L and R, x 2

1&2 Rock L to the left, Recover on R, Step L next to R (3:00)
3&4 Rock R to the right, Recover on L, Step R next to L (3:00)
5&6 Rock L to the left, Recover on R, Step L next to R (3:00)
7&8 Rock R to the right, Recover on L, Step R next to L (3:00)

SECTION 4, Scissor step L and R, salsa turn to R, Mambo back R

1&2 Step L to the left, step R together, cross L over R, 3:00
3&4 Step R to the R, Step L together, Cross R over L
5&6 Rock L forward, recover on R with pivot ½ turn R now facing 9:00, another ½ turn R to face 3:00 Step L down slightly behind R
7&8 Rock R back, Recover on L, Step R forward slightly in front of L, 3:00

Start again

ENDING: Wall 15 facing 6:00 – only 3 counts: Rock forward on L, Recover on R with ½ turn to the left, Step L slightly in front of R (with a pose of your choice) (12:00)

Tag A: 4 counts, happens 2 times; wall 1 AND wall 5, facing 12:00, both before starting section 1

1 Stomp L foot to the floor next to R
2-3-4 body roll from floor and up (Option: add arms circling back and up)

Tag B and RESTART: 9 counts, happens 2 times; wall 8 after 16 counts, facing 12:00 and wall 13 after 16 counts, facing 3:00: After slide (section 2, step 7&) do not put weight on R until first beat in Tag B.

Step, touch toe in front, slow 2x, quick 5x, with the music, start R:

1&2 Step R next to L, touch L toe in front of R, hold,
3&4 Step L next to R, touch R toe in front of L, hold,
5& Step R next to L, touch L toe in front of R
6& Step L next to R, touch R toe in front of L
7& Step R next to L, touch L toe in front of R
8& Step L next to R, touch R toe in front of L

9& Step R next to L, touch L toe in front of R
ready to restart dance with L
RESTART

Intro 32 counts

TAG A: 4 counts and START

Wall 1 start on 12:00

Wall 2 start on 3:00

Wall 3 start on 6:00

Wall 4 start on 9:00

TAG A: 4 counts and RESTART

Wall 5 start on 12:00

Wall 6 start on 3:00

Wall 7 start on 6:00

Wall 8 start on 9:00 – 16 counts, TAG B and Restart facing 12:00

Wall 9 start on 12:00

Wall 10 start on 3:00

Wall 11 start on 6:00

Wall 12 start on 9:00

Wall 13 start on 12:00 – 16 counts, Tag B and Restart facing 3:00

Wall 14 start on 3:00

Wall 15 start on 6:00 = ending – only 3 counts
