

Gembala Sapi

拍數: 32 牆數: 4 級數: High Beginner Polka
編舞者: Rossana HB (INA) - December 2022
音樂: Gembala Sapi - Rani Pancarani



Intro : 16 count

Section 1 (1-8) FORWARD BASIC STEP R/L, BACK BASIC STEP R/L

1&2 Step RF forward (1), Close LF next to RF (&), Step RF forward (2),
3&4 Step LF forward (3), Close RF next to LF (&), Step LF forward (4),
5&6 Step RF back (5), Close LF next to RF (&), Step RF back (6),
7&8 Step LF back (7), Close RF next to RF (&), Step LF back (8),

Section 2 (9-16) FORWARD TOE TOUCH, SIDE TOE TOUCH, SAILOR STEP, SKIP 2X, COASTER STEP

1 2 Touch R Toe forward (1), Touch R Toe to R (2),
3&4 Step RF slightly cross behind LF (3), Step LF to L (&), Step RF to R (4)
5&6& Step LF back (5), Scoot back on RF hitching R knee (&), Step RF back (6), Scoot back on LF
 hitching L knee (&),
7&8 Step LF back (7), Close RF next to LF (&), Step LF forward (8),

Section 3 (17-24) FORWARD GALLOPS, JAZZ BOX ¼ TURN

1&2&3&4 Step RF forward (1), Close LF next to RF (&), Step RF forward (2), Close LF next to RF (&),
 Step RF forward (3), Close LF next to RF (&), Step RF forward (4),
5 6 7 8 Cross LF over RF (5), Turn ¼ L Stepping RF back (09.00) (6), Step LF to L (7), Step RF
 forward (8)

Section 4 (25-32) CHASSE, CHASSE ¼ TURN, PIVOT ¼ TURN, FORWARD, TOUCH

1&2 Step LF to L (1), Close RF next to LF (&), Step LF to L (2),
3&4 Turn ¼ L stepping RF to R (06.00) (3), Close LF next to RF (&), Step RF to R (4),
5 6 Step LF forward (5), Turn ¼ R stepping RF to R (09.00) (6),
7 8 Step LF forward (7), Touch RF next to LF (8),

Restart 2x : On Wall 4 and Wall 10 - After 16 counts

Enjoy the dance!

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Last Update: 1 Feb 2023