

Hillbilly HoeDown

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Tara Bianco (USA) & Mackenzie Keister (USA) - January 2023
音樂: Hoedown - TMBRWOLF TONE & Frank Zank



Notes: AB Dance, 16 Count Intro
Sequence as Follows: A,A,A,B,B,A,A,A,B,A,A

A SEQUENCE

[1-8] VINE R, L HEEL, VINE L, R HEEL

1,2,3 Side Step RF, Step LF Behind RF, Step RF to R Side
4 Touch L Heel diagonal forward
5,6,7 Side Step LF, Step RF Behind LF, Step LF to L Side
8 Touch R Heel diagonal forward

[9-16] STEP, HITCH, STEP, FLICK, SLIDE R, L TOUCH, SLIDE L, R TOUCH

1,2 Step RF to R, Hitch LF across and slap Knee with R Hand
3,4 Step LF to L, Flick RF behind L and slap RF sole with L Hand
5,6 Step RF big step to R, Touch LF next to RF
7,8 Step LF big step to L, Touch RF next to LF

[17-24] ¼ PIVOT L X2, BODY ROLL L, BODY ROLL R

1,2 Step RF forward, Pivot ¼ L weight ending on RF
3,4 Repeat Count 1,2
5,6 Body Roll L for 2 count shifting weight to side RF
7,8 Body Roll R for 2 count shifting weight to side LF

[25-32] WALK BACK R, WALK BACK L, RF ROCK-RECOVER BACK, R TOUCH FWD, CLOSE, L TOUCH FWD, CLOSE

1,2 Step RF back, Step LF Back
3,4 Rock Back onto RF, Recover (Shift Weight onto LF) Forward onto L
5,6 Touch RF forward, Step RF next to LF
7,8 Touch LF forward, Step LF next to RF to center weight

B SEQUENCE

[1-8] L STEP, CLOSE, L SHUFFLE, R STEP, CLOSE, R SHUFFLE

1,2 Side Step LF, Step RF next to LF
3&4 Step to L on LF, Step ball of RF next to LF, Step to L on LF
5,6 Side Step RF, Step LF next to RF
7&8 Step to R on RF, Step ball of LF next to RF, Step to R on RF

[9-16] ½ PIVOT, HIP BUMPS R, L, R HEEL CLOSE, L HEEL CLOSE, BODY ROLL

1,2 Step R forward, pivot 1/2 left weight ending on L
3,4 Hip bump to the R, Hip bump to the left
5,6 Touch R heel forward, step RF next to LF, Touch L heel forward, step LF next to RF
7,8 Touch R heel forward with body roll

[17-24] V STEP, R SLIDE BACK, CLOSE, DROP DOWN, STAND UP

1,2,3,4 Step RF out into R diagonal, Step LF out into L diagonal, step RF back, step LF next to RF
5,6 Step RF big step back, step LF next to RF
7,8 Weight center drop into a squat, Stand up weight centered

[25-28] OUT-OUT x4

1& Step RF to R Side, Step LF to L side,
2& Step RF to R Side, Step LF to L side,
3& Step RF to R Side, Step LF to L side,
4& Step RF to R Side, Step LF to L side

***Arms**

***1& Right arm lasso up**

***2& Right arm lasso down**

***3&4& Right arm lasso up twice**

[29-32] (FULL CIRCLE) WALK R,L, TRIPLE, CLOSE

5,6 Step RF $\frac{1}{4}$ turn to the L, Step LF $\frac{1}{4}$ to the L

7& Step RF $\frac{1}{4}$ turn to the L, Step LF next to RF,

8& Step RF $\frac{1}{4}$ turn to the L, Step LF next to RF center weight
