

Cara Bahagia

拍數: 64 牆數: 2 級數: Phrased Improver
編舞者: Chandrani Eilena Emmiyan (INA) - January 2023
音樂: Cara Bahagia - Yotari



No Intro –

****2 Restarts (wall 3 & 7)**

Step changing on wall 2, 3, 5, 8 (1/4 turn left and facing 6.00 or 12.00)

Sequences: A B A (1/4 left) A B (12 counts, 1/4 left) A B A (1/4 left) A B A (16 counts) A (1/4 left) A B

Phrase A (32 Counts)

BENDING KNEES, STRAIGHTENING KNEES, FREEZE WALK (R L)

1-2 Bending both knees, Hold
3-4 Straightening both knees, Hold
5-6 Cross R over L, Hold
7-8 Cross L over R, Hold

Style: pointing right index finger (counts 1-2 on the lyric "Hei Kamu")

STEP SIDE-RECOVER, JAZZ BOX

9-10 Step R to side, Hold
11-12 Recover, Hold
13-16 Cross R over L, Step L back, Step R to side, Step L forward

RESTART :

On wall 7, Phrase A (after 16 counts, facing 6.00), with steps changing :

JAZZ BOX-TOGETHER

13-16 Cross R over L, Step L back, Step R to side, Step L next to R

1/2 PIVOT, 1/4 PIVOT

17-18 Step R forward, Hold
19-20 1/2 turn left & step L in place (6.00), Hold
21-22 Step R forward, Hold
23-24 1/4 turn left & step L in place (3.00), Hold

JAZZ BOX, STEP-TOUCH (R L)

25-28 Cross R over L, Step L back, Step R to side, Step L forward
29-30 Step R to side, Touch L next to R
31-32 Step L to side, Touch R next to L

Note:

Steps changing (Phrase A A) on wall 2, 5, 8

1/4 TURN STEP-TOGETHER

31-32 1/4 turn left & step L forward, step R next to L

Phrase B (32 Counts)

STEP-SWEEP, CROSS-SIDE, BEHIND-SWEEP, BACK-SIDE

1-2 Step R forward while sweeping L back to front
3-4 Cross L over R, Step R to side
5-6 Close L behind R while sweeping R front to back
7-8 Step R back, Step L to side

1/2 PIVOT, STEP-SWEEP, CROSS-SIDE

9-10 Step R forward, Hold

11-12 1/2 turn left & step L in place (9.00), Hold
13-14 Step R forward while sweeping L back to front
15-16 Cross L over R, Step R to side

**RESTART : On wall 3, Phrase B (after 12 counts, facing 6.00), with steps changing :
1/4 PIVOT**

11-12 1/4 turn left & step L in place (6.00), Hold

BEHIND-SWEEP, BACK-SIDE, 1/4 PIVOT

17-18 Close L behind R while sweeping R front to back
19-20 Step R back, Step L to side
21-22 Step R forward, Hold
23-24 1/4 turn left & step in place on L (6.00), Hold

JAZZ BOX, STEP-TOUCH, STEP-TOGETHER

25-28 Cross R over L, Step L back, Step R to side, Step L forward
29-30 Step R to side, Touch L next to R
31-32 Step L to side, Step R next to L
