Spring Break in Mexico



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音樂: SPRING BREAK IN MEXICO (feat. Treyy G & Barbara Moleko) - HEDEGAARD



Intro: 32

S1: Heel Switches, Forward, Heel Swivel, Sways, Lock Forward

1&2& Touch Rf heel forward, step Rf next to Lf, touch Lf heel forward, step Lf next to Rf

3&4 step Rf forward, turn heels to R, return heels to center weight ended on Rf

Optional clap once on & count

5-6 step Lf forward pushing hips forward, push hips backwards with weight ended on Rf

7&8 step Lf forward, lock Rf behind Lf, step Lf forward

S2: Rock Forward Recover, 1/4R Chasse, Cross, Point, Kick Ball Change

1-2 rock Rf forward, recover to Lf

3&4 turn 1/4 to R stepping Rf to R side, 3H, step Lf next to Rf, step Rf to R side

5-6 cross Lf over Rf, point Rf to R side

7&8 kick Rf forward, step Rf next to Lf, step Lf slightly forward

Restart Here during W2, facing 6H

S3: (Cross, Together, Cross Shuffle) RL

1-2 cross Rf over Lf, step Lf next to Rf

3&4 cross Rf over Lf, step Lf next to Rf, cross Rf over Lf

5-6 cross Lf over Rf, step Rf next to Lf

7&8 cross Lf over Rf, step Rf next to Lf, cross Lf over Rf

S4: Forward RL, Mambo Forward, (Diagonal Back, Touch) LRL, Side Point, Hitch

1-2 step Rf forward, step Lf forward

rock Rf forward, recover to Lf, step Rf back
step Lf to L diagonal back, touch Rf next to Lf
step Rf to R diagonal back, touch Lf next to Rf
step Lf to L diagonal back, touch Rf next to Lf

8& point Rf to R side, low hitch Rf

Ending: during W11, after 16C, add 1C of turning 1/4 to R stepping Rf forward to finish front

Last Update: 16 Feb 2023