

Nyanding

拍數: 32 牆數: 4 級數: Beginner
編舞者: Bp. Suroto (INA) & Yuliswandarini (INA) - January 2023
音樂: Nyanding - Kawulo Alit



No tag, 1 Restart on Wall 3 after 8 Counts

Start dance after intro lyric 32 counts

S1. WALK FORWARD, RUN FORWARD, WALK BACKWARD, RUN BACKWARD

1-2 Walk forward (R-L)
3&4 Run forward (R-L-R)
5-6 Walk backward (L-R)
7&8 Run Backward (L-R-L)

S2. DIAGONAL BACKWARD CHASSE (R-L), DIAGONAL FORWARD CHASSE (R-L)

1&2 Step Rf diagonal back, step Lf close beside Rf, step Rf diagonal back
3&4 Step Lf diagonal back, step Lf close beside Rf, step Lf diagonal back
5&6 Step Rf diagonal forward, step Lf close beside Rf, step Rf diagonal forward
7&8 Step Lf diagonal forward , step Rf close beside Lf, step Lf diagonal forward

S3. MAMBO CROSS (R-L), ROCK FORWARD & BACKWARD, BACK LOCK SHUFFLE

1&2 Step Rf to side R, Lf in place, step Cross Rf over Lf
3&4 Step Lf to side L, Rf in place, step Lf cross over Rf
5&6 Rock Rf forward, Recover on Lf, step Rf back
7&8 Step Lf back – Lock Rf over Lf – Step Lf back

S4. ROCK BACKWARD & FORWARD, FORWARD LOCK SUFFLE, ¼ PIVOT CROSS, SIDE CLOSE

1&2 Rock Rf back, Recover on Lf, step Rf forward
3&4 Step Lf forward – Lock Rf behind Lf – Step Lf forward
5&6 Step R forward, Pivot ¼ turn L, step Cross Rf over Lf
7-8 Step Lf to side L, step L close beside Rf

Enjoy the Dance with pleasure
