

Lifetime Waltz

COPPER KNOB
STEPPERS

拍數: 48 牆數: 4 級數: Improver - Waltz
編舞者: Maria Smith (AUS) - January 2023
音樂: Dance Of A Lifetime - Drake Milligan



Starts on vocals - CW rotation

WALTZ SAMBAS FORWARD x 2

1,2,3 step fwd L, rock R to side, replace wt. L
4,5,6, step fwd R. rock L to side, replace wt. R

WEAVE ACROSS, STEP DRAG

1,2,3, step L over R, step R to side, step L behind R
4,5,6, step fwd R turning 1/8 right, drag L through (2 counts)

ROCK FWD, BACK, STEP BACK, DRAG, STEP

1,2,3, rock fwd L, back on R, step back L,
4,5,6, long step back R, drag L back pass R step L down

SIDE STEP BACK, DRAG 2 COUNTS, STEP BEHIND, FWD,

1,2,3, step back R, drag L back pass R (2 counts)
4,5,6 step L behind R, (straighten to front) step R to side, Fwd L, (waltz sailor)

ROCK SIDE, REPLACE, CROSS, FULL TURN

1,2,3, rock R to side, replace wt. L, cross R over L
4,5,6 ¼ turn right step L back, ½ turn right step R fwd, ¼ turn right step R to side

ROCK BACK, FWD, STEP, STEP, KICK DOUBLE

1,2,3, turn 1/8 right rock back R, fwd L, fwd R
4,5,6 step fwd L, double kick R

WALTZ BACK, STEP ¾ TURN

1,2,3 waltz back R,L,R straightening to front
4,5,6 step fwd L, ½ turning left step back R, ¼ turn left step L to side (3.00)

ROCK ACROSS, REPLACE, STEP SIDE, & STEP, DRAG,

1,2,3, rock R over L, take wt. L, step R to Side
&4,5,6 & step L next R, big step R to side, drag L to R (2 counts)

[48] START AGAIN

TAG after wall 2 back wall

1,2,3 step fwd L, ½ turn left step R , step L fwd
4,5,6 step fwd R, ½ turn right step L, step R fwd

WALL 5 music slows / stops on count 47,48 Hold restart facing 3.00 wal

FINISH - Dance to count 15, step back R, step back L, turning to front wall step L fwd

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