

We Do It For You

COPPERKNOB
BYEPOSTETS

拍數: 32 牆數: 4 級數: Improver NC
編舞者: Carina Klaar (SWE) & Lottie Härnberg (SWE) - January 2023
音樂: (Everything I Do) I Do It for You - Bryan Adams



This dance was created for our wonderful dancers in Tidaholm and Mullsjö.
Especially for the high beginner/improver classes to get a 32c alternative NC
Feel free to use any alternative music without any restarts.

Intro :16 counts (faded out at 4.00)

*Restarts

Wall 6 (03.00) after count 4& 1st section

Wall 8 (06.00) after count 8& 2nd section

[1 – 8] R & L Basic Nightclub, Side, Behind, ¼ Turn R, Rocking Chair

1–2& Step RF a big step to R side (1), close LF behind R (2), cross RF over L (&) (12:00)

3–4& Step LF a big step to L side (3), close RF behind L (4), cross LF over R (&)

*Restart here wall 6, at (3.00)

5–6& Step RF to R (5), cross LF behind R (6), turn ¼ R step RF fwd (&) (3.00)

7&8& Rock LF fwd (7), recover on RF (&), rock LF back (8), recover on RF (&)

[9 – 16] Step, Step-Turn-Cross ¼ L, Weave, Cross Rock R&L

1 Step fwd on LF (1) (3.00)

2&3 Step fwd on RF (2), turn 1/4 L (&), cross RF over L (3) (12:00)

&4& Step LF to L side (&), cross RF behind L (4), step LF to L side (&)

5–6& Cross Rock RF over L (5), recover on LF (6), step RF to R side (&)

7–8& Cross Rock LF over R (7), recover R (8), step LF to L side (&)

*Restart here wall 8 at (06.00)

[17 – 24] R Fwd Hitch, Run Fwd L-R-L Hitch, Rock, Recover, Back With Sweep, Rock, Recover

1–2& Step fwd on RF hitch L (1) Run fwd LF (2) Run fwd RF (&) (12.00)

3–4& Run LF fwd hitch R (3), Rock RF fwd (4), recover on LF (&)

5–6 Step RF back sweep L from front to back (5), Step LF back sweep R from front to back (6)

7–8 Step RF back – sit position (7), Touch LF in front of RF (8)

[25 – 32] Step With Sweep, Cross-Side, Behind With Sweep, Behind, ¼ Turn R, Sway Hip R-L-R-L

1–2& Step fwd on LF sweeping RF from back to front (1), Cross RF over LF (2), Step LF to L (&) (12.00)

3–4& Step RF behind sweeping LF from front to back (3), Step LF behind LF (4), ¼ Turn R Step RF Fwd (&)(3.00)

5–6–7 Step fwd on LF (5), step RF to R side sway hip to R (6) Sway hip to L (&)

8& Sway hip to R (8), Sway hip to L (&) (3.00)

Start again

Email: carinaklaar@gmail.com