

Rollin' In The South

COPPERKNOB
STEPSHEETS

拍數: 40 牆數: 2 級數: High Beginner
編舞者: Candy Zirngible (USA) - August 2022
音樂: Y'all Life - Walker Hayes



Alternate music: No Body by Blake Shelton

Start dancing on lyrics

[1-8] R HEEL DIG FORWARD X2, R SAILOR SHUFFLE, L HEEL DIG FORWARD X2, ¼ L SAILOR SHUFFLE

1-2 R heel dig forward, R heel dig forward
3&4 Step R behind L, step L to left side, replace R next to L
5-6 L heel dig forward, L heel dig forward
7&8 Turn ¼ L step L behind R, step R to right, replace L next to R

[9-16] STEP LOCK R FORWARD, STEP LOCK L FORWARD, STEP R FORWARD, ½ TURN L, WALK R-L

1&2 Step R forward, lock L behind R, step R forward
3&4 Step L forward, lock R behind L, step L forward
5-6 Step R forward, turn ½ turn L
7-8 Walk forward R-L

[17-24] R & L HEELS FORWARD, STEP L FORWARD, R SAILOR SHUFFLE, L SAILOR SHUFFLE

1&2& R heel forward, replace, L heel forward, replace
3&4 R heel forward, replace, step L forward
5&6 Step R behind L, step L to left side, replace R next to L
7&8 Step L behind R, step R to right side, place L next to R

[25-32] R ROCK FORWARD, RECOVER, R COASTER STEP, L ROCK FORWARD, RECOVER, L COASTER STEP

1-2 Rock R foot forward, recover L
3&4 Step R back, step L next to R, step R forward
5-6 Rock L foot forward, recover R
7&8 Step L back, step R next to L, step L forward

[33-40] ROCK R TO SIDE, RECOVER, BEHIND-SIDE-CROSS, ROCK L TO SIDE, RECOVER, BEHIND-1/4 TURN R-STEP L FORWARD

1-2 Rock R foot to right side, recover L
3&4 Step R behind L, step L to left side, cross R over L
5-6 Rock L foot to left side, recover R
7&8 Step L behind R, turn ¼ R, step L foot forward

REPEAT