

Just Myself

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 1 級數: Improver
編舞者: NyNy Country (FR) - January 2023
音樂: Oh My God - Adele



Intro: 16 count

[1-8] SIDE, BEHIND SIDE CROSS SHUFFLE, SIDE ROCK, CROSS SHUFFLE

1-2 Step R to right side, Cross L behind R
&3&4 Step R to right side, Cross L over R, Step R to right side, Cross L over R
5-6 Step R to right side, Recover on L
7&8 Cross R over L, Step L to left side, Cross R over L

[9-16] ¼ RIGHT, ¼ RIGHT, COASTER STEP L, TOUCH HEEL STOMP, TOUCH HEEL STOMP

1-2 ¼ turn right stepping back on L, ¼ turn right stepping R to right side
3&4 Step L back, Step R next to L, Step L forward
5&6 Touch R toe next to left (knee turned in), Touch R heel to right diagonal, Stomp R forward
7&8 Touch L toe next to right (knee turned in), Touch L heel to left diagonal, Stomp L forward

RESTART

[17-24] ROCKING CHAIR R, PADDLE TURN ½ L, CROSS SAMBA, CROSS SAMBA

1&2& Rock R forward, Recover weight L, Rock R back, Recover weight L
3-4 Weight on L, Point R to right side with ¼ turn left, Point R to right side with ¼ turn left
5&6 Cross R over L, Step L to left side, Weight back on R
7&8 Cross L over R, Step R to right side, Weight back on L

[25-32] JAZZ BOX CROSS, STEP TOUCH, STEP TOUCH, BACK TOUCH, BACK HOOK

1-2 Cross R over L, Step L back
3-4 Step R to right side, Cross L over R
&5&6 Step R forward diagonal R, Touch L next to R, Step L forward diagonal L, Touch R next to L
&7-8 Step R back diagonal R, Touch L next to R, Step L back diagonal L, Hook R over L knee

RESTART : wall 3 after 16 count, facing 6:00

TAG : 4 count at the end of wall 4 (back to 12:00 at the end of the tag)

[1-4] STEP ¼ STEP ¼ -> 12 :00

1-2 Step R forward, ¼ turn left, Weight on L
3-4 Step R forward, ¼ turn left, Weight on L

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Last Update: 9 Feb 2023