One Woman Man



編舞者: Hiroko Carlsson (AUS) - January 2023

音樂: One Woman Man - Bill Kirchen & Too Much Fun: (Spotify/Apple Music/Deezer)



Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)

(Intro: 16 counts)

[S1] Cross-Side Rock-Cross-Side Rock, Step Pivot 1/2L

| 123 | Cross R over L, Rock L to the side, Replace weight on R |
|-------|---|
| 4 5 6 | Cross L over R, Rock R to the side, Replace weight on L |

7 8 Step forward on R, Make a ½ turn left recover weight on L (6:00)

[S2] Cross Rock-Side-Cross Rock-Side, Step-Pivot 1/4L

| 1 2 3 | Rock R over L, Replace weight on L, Step R to the side |
|-------|--|
| 4 5 6 | Rock L over R, Replace weight on R, Step L to the side |

7 8 Step forward on R, Make a ¼ turn left recover weight on L (3:00)

[S3] Cross-Point, Back-Point, Back-Point, Back Rock

| 1 2 | Cross R over L, Point L to the side |
|-----|--|
| 3 4 | Step back on L, Point R to the side |
| 5 6 | Step back on R, Point L to the side |
| 7 8 | Rock forward on L, Replace weight on R |

[S4] Step-Pivot 1/2R, Cross-Point, Cross-Point, Kick, Ball

| 1 | 2 | 2 Ste | ep forward | d on L. N | Make a≐ | ½ urn right | recover weig | ht on R (| (9:00) |
|---|---|-------|------------|-----------|---------|-------------|--------------|-----------|--------|
| | | | | | | | | | |

3 4 Cross L over R, Point R to the side5 6 Cross R over L, Point L to the side

7 8 Kick diagonally forward on L, Ball step L to the side

Ending suggestion: The last Wall starts facing 9:00. Dance up to S3 count 8 (12:00)

(updated: 25/Jan/23)