

LookOut Heart

COPPERKNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Improver
編舞者: Liselotte Øgaard (DK) - January 2023
音樂: Lookout Heart - Robin Winther : (iTunes/Spotify)



Intro: 32 counts (On the word Heart). *2 small easy Bridges*

S1. Wine Cross, Side Hold, Back Rock

1-4 Step Right to right, Left behind, Step right to right. Cross left over right.
5-8 Step right to right, Hold. Rock back on left, Recover on right.

S2. Side Toe Strut, Cross Toe Strut, Wine ¼ Turn Left. Hold.

1-4 Touch L toe to L side (1) Drop L heel (2) Touch R Toe across (3) Drop R Heel (4).
5-8 Step L to left, Cross R Behind, Turn ¼ L by stepping fwd. on L. Hold.

S3. Rock recover Back, Hold. Lock Back, Hold.

1-4 Rock fwd. on R. Recover L. Step back on R. Hold.
5-8 Step back on L. Cross R in front L. Step back on L. Hold.

S4. 2X Small Jump Back Hold (R+L) With Knee Pops. 2X Quick Back Rock Rec.

1-4 Jump back on R, Pop L Knee (1) Hold (2). Jump Back on L. Pop R Knee (3) Hold (4).
5-8 Rock back R, Rec. L. Rock back R. Rec. L. *Small Quick Steps*

On Wall 3+7 (12:00) – 2 small Bridges In the end of S4. – Step R to R and Sway R+L (1-2) (9:00) And continue the dance with S5.

S5. Wine ¼ Turn (R) ¼ (R) Hitch. Wine ¼ Turn (L) Hold.

1-4 Step R to R, cross L behind R. Turn ¼ R bye step fwd. R. Turn ¼ R. little hitch L.
5-8 Step L to L, Cross R behind L. Turn ¼ L Bye stepping fwd. L. Hold.

S6. Step Pivot ½ Turn L. ½ Turn L. Hold (L) Lock Step Back, Hold.

1-4 Step fwd. R, ½ Turn L, ½ Turn L bye stepping back on R, Hold on 4.
5-8 Step back on L, Cross R in front L, Step back on L. Hold on 8.

***Easier option to step turn,turn*.Rock R, Recover L, Back on R, hold. Lock Back.**

S7. Jump Back, Heel Fwd .Hold Jump Fwd. Tap Behind. Hold 2X Quick Back Rock, Rec.

1-4 Jump back on R, Tap L Heel Fwd. Hold. Jump Fwd. L. Tap R Heel Behind L. Hold.
5-8 Rock back R, Rec. L, Rock back R, Rec. L. * Small Quick steps*

S8. Step Pivot ½ Turn left With Hold. Run fwd. R+L+R+L

1-4 Step Fwd. R. (1) Hold (2). ½ Turn L. (3) Hold (4)
5-8 Run fwd. R+L+R+L *Styling: Bend Knees on each step*

Hope you have as much fun, dancing this dance – As it was for me to make it ☐

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