

The Girls Are Back in Town

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Yu Sugawara (JP) - January 2023
音樂: The Girls Are Back in Town - Chapel Hart



[1-8] Double Hip Bump to L, Double Hip Bump to R, 1/2 Sailor Turn, Slide

1,2 W Hip Bump to L *option : Bodyroll from R shoulder to L hip, Hip bump to L,
3,4 W Hip Bump to R *option : Bodyroll from L shoulder to R hip, Hip bump to R,
5&6 Step LF behind RF, Step RF side with 1/2 L, Cross LF over RF
7,8 Large step RF to side, Drug LF toward to RF

[9-16] Kick, Step, Lock, Step, Kick, Step, Lock, Step, Step Pivot 1/2R, Full Turn R

1&2& Kick LF to diagonal L, Step LF, Cross RF behind LF, Step LF
3&4& Kick RF to diagonal R, Step RF, Cross LF behind RF, Step RF
56 Step LF fwd, Pivot 1/2 R ,
78 Continue turning 1/2 R stepping LF back, Continue turning 1/2 R stepping RF fwd,

[17-24] Point,Side, Point,Side, 1/4 Sailor Turn, Swivel RF(in-out-in-out)

1,2,3,4 Point LF over RF, Step LF side, Point RF over LF, Step RF side,
5&6 Step LF behind RF, Step RF side with 1/4 L , Cross LF over RF
&7&8 Step RF to side as you toe in, Swivel RF toe out, Swivel RF heel out, Swivel RF toe out

[25-32] Drug , Walk, Walk, Syncopation Lock Step, Side Step

1,2,3,4 Drug RF next LF for 2counts, 1/4 turn L Walk RF, Walk LF
5&6 Step RF to diagonal fwd, Cross LF behind RF, Step RF to diagonal fwd
&7&8 Step LF to diagonal fwd, Cross RF behind LF, Step LF to diagonal fwd, Step RF side
*Restart2 here

[33-40] Heel Grind w/ 1/4L, Coaster Step, Rock, Recover, Triple Full Turn

12 Dig heel w/fan out LF fwd, Step RF back w/ 1/4 turn L,
3&4 Step LF back, Close RF next to LF, Step LF fwd,
567&8 Rock fwd on RF, Recover weight on LF, Triple full turn R(RF-LF-RF) *Restart1 here

[41-48] Side, Cross, Side, Cross, Unwind3/4R , Swivel to L(Heel-Toe-Heel)

1,2,3,4 Step LF side, Cross RF over LF(Bend both Knees slightly), Step LF side, Cross RF over LF
5,6 Unwind 3/4 L, Hold
7&8 Both Heel to L, Both Toe to L, Both Heel to L

*option(7&8) : Apple Jack to Left (L toe out and R heel in), Apple Jack to Left (L heel out and R toe in), Apple Jack to Left (L heel out and R toe in)

Have Fun!!

Restart 1 Wall 2 : Change the last 4 counts of the 5th section to the next step then restart.

5,6,7,8 Rock fwd on RF, Recover weight on LF, 1/4turn R Step side, Hold (12:00)

Restart 2 Wall 5 after 32count (6:00)

Ending Wall 7 Add the side step after 16 count

Last Update - 16 May 2023