

Ladada

拍數: 80 牆數: 2 級數: Phrased Intermediate
編舞者: Lars Kuif (NL) - January 2023
音樂: Ladada (Mon Dernier Mot) - Claude



Info : Starts after 8 counts

Sequences: A, A, B, C, C*(16 counts), A, A**(24 counts), B, C, C, A***(8 counts), Pose

Part A

[1 – 8] Rock, Hitch, Shuffle Fwd., Point Fwd., Point To Side, Behind-Side-Cross

1,2 Rock R back with L hitch (1), recover to LF (2)
3&4 Step R fwd. (3), step L next to (&), step R fwd. (4)
5,6 Point L fwd. (5), point L to side (6)
7&8 Step L behind R (7), step R to side (&), step L across R (8) [12.00]

***after the last A, step R slightly to side and pose.

[9 – 16] Side Rock, Behind, ¼ Turn L + L Fwd., Step Fwd., Rock Step, Coaster Step

1,2 Rock R to side (1), recover to L (2)
3&4 Step R behind L (3), ¼ turn L stepping L fwd. (&), step R fwd. (4) [09.00]
5,6 Rock L fwd. (5), recover to R (6)
7&8 Step L back (7), step R next to L (&), step L fwd. (8) [09.00]

[17 – 24] ¼ Turn L + R Side, L Touch, Kick-Ball-Cross, Side, Toe Switches

1,2 ¼ turn L stepping R to side (1), touch L next to R (2) [06.00]
3&4 Kick L diag. fwd. (3), step L next to R (&), step R across L (4)
5,6& Step L to side (5), touch R toe next to L (6), close R next to L (&)
7&8& touch L toe next to R (7), close L next to R (&), touch R toe next to L (8), close R next to L (&)
[06.00]

**Dance 4th A up to this point and start dancing part B.

[25 – 32] Cross, Side, Sailor Step, Step Fwd., ½ Turn L, ½ Turn L + Step R Back, Close

1,2 Step L across R (1), step R to side (2)
3&4 Step L behind R (3), step R to side (&), step L to side (4)
5,6 Step R fwd. (5), ½ turn L and place weight on LF (6) [12.00]
7,8 ½ turn L stepping R back (7), close L next to R (8)

Part B:

[33 – 40] Step Back, Sweep, Behind-Side-Cross, Sweep, Cross-Side, 1/8 Turn R, Rock R Back, Recover, 1/2 Turn L, Step R Back, Rock L Back With Low Kick R, Step R Fwd., Step L Fwd.

1,2&3 Step R back with L sweep back (1), step L behind R (2), step R to side (&), step L across R
and
4&5 Step R across L (4), step L to side (&), 1/8 turn R rocking R behind (5) [01.30]
6&7 Recover to L (6), ½ turn L stepping R back (&), rock L back and lowkick R fwd. (7) [07.30]
8& Step R fwd. (8), step L fwd. (&) [07.30]

[41 – 48] Step Fwd., Sweep, Cross, 1/8 Turn L, Step Back, Side, Sweep, Cross, Step Back, Side With Sway, Sway, Side With Drag, Rock Back, Side, Sway

1, 2&3 Step R fwd. and L sweep fwd. (1), step L across R (2), 1/8 turn L stepping R back (&), step L
to side and sweep R fwd. (3) [06.00]
4&5 Step R across L (4), step L back (&), step R to side and sway R (5)
6&7 Sway L (6), sway R (&), step L to side and drag R next to L (7)
8& Rock R back (8), recover to L (&)

[49 – 50] Sway R+L

1,2 Step R to side and sway R (1), sway L and place weight on LF (2) [06.00]

Part C:

[51 – 58] Out-Out, Kick-Ball-Cross, Point-Touch, Kick-Ball-Cross

1,2 Step R to side (1), step L to side (2)

3&4 Kick R diag. fwd. (3), step R next to L (&), step L across R (4)

5,6 Point R diag. fwd. (5), touch R next to L (6)

7&8 Kick R diag. fwd. (7), step R next to L (&), step L across R (8)

Optional for count 1-2: Jump on both feet R (1), Jump on both feet L (2)

[59 – 66] Side, Touch, ¼ Shuffle Turn, ½ Turn L, ¼ Turn L, Cross, Step Back

1,2 Step R to side (1), touch L next to R (2)

3&4 ¼ turn L stepping L fwd. (3), step R next to L (&), step L fwd. (4) [09.00]

5,6 ½ turn L stepping R back (5), ¼ turn L stepping L to side (6) [12.00]

7,8 Step R across L (7), 1/8 turn R stepping L back (8) [12.00]

***during 2nd part C dance up to this point and then continue dancing (part A)**

[67 – 71] 1/8 Turn R, Rock Back, Recover, Camel Walks, Shuffle Fwd., Rock Fwd., Recover With Sweep Back

1,2 1/8 turn R rocking R back (1), recover to L (2) [01.30]

3,4 Step R fwd. while popping L knee fwd. (3), step L fwd. while popping R knee (4) [01.30]

5&6 Step R fwd. (5), step L next to R (&), step R fwd. (6) [01.30]

7,8 Rock L fwd. (7), recover to R while sweeping L back (8) [01.30]

[72 – 80] Step L Back, Sweep, Step R Back, Sweep, ½ Shuffle Turn L, ½ Pivot Turn L, Walk R+L

1,2 Step L back and sweep R back (1), step R back and sweep L back (2) [01.30]

3&4 ¼ turn L stepping L to side (3), step R next to L (&), ¼ turn L stepping L fwd. (4) [07.30]

5,6 Step R fwd. (5), ½ turn L and change weight to LF (6) [01.30]

7,8 Walk R fwd. (7), walk L fwd. (8)

Make sure to turn 1/8 L before continue dancing with part A of B

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