

The Loneliest

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Lars Kuif (NL) - January 2023
音樂: THE LONELIEST - Måneskin



Info : Starts after 32 counts

[1 – 8] Step R Back, Sweep, Behind-Side, Cross Rock, Side Rock, Step L Back, Sweep, Behind-Side, Reversed Rolling Vine

1,2& Step R back and sweep L back (1), step L behind R (2), step R to side (&) [12.00]
3&4& Rock L across R (3), recover to RF (&), rock L to side (4), recover to RF (&) [12.00]
5,6& Step L back and sweep R back (5), step R behind L (6), step L to side (&) [12.00]
7&8& Step R across L (7), ¼ turn R stepping L back (&), ½ turn R stepping R fwd. (8), ¼ turn R stepping R to side (&) [12.00]

[9 – 16] Behind, Sweep, Behind-Side, Cross, ¼ Turn L, Coaster Step, Step L Fwd., Shuffle Fwd., Mambo Step

1,2& Step R behind L and sweep L back (1), step L behind R (2), step R to side (&) [12.00]
3&4& Step L across R (3), ¼ turn L stepping R back (&), step L next to R (4), step R fwd. (&) [09.00]
5,6&7 Step L fwd. (5), step R fwd. (6), step L next to R (&), step R fwd. (7) [09.00]
&8& Rock L fwd. (&), recover to R (8), step L back (&) [09.00]

*restart here during wall 2 (starts facing 03.00, restart facing 12.00) and 7 (starts facing 12.00 and restart facing 09.00)

[17 – 24] Back, Sweep back, Touch Back, ½ Turn L, ½ L + R Back, Sweep, Behind-Side-Cross, 1/8 R. + Walk Fwd. R+L, Kick-Sweep, Sailor Step

1,2& Step R back and sweep L back (1), touch L toe back (2), ½ turn L and weight to LF (&) [03.00]
3 ½ turn L stepping R back and sweep LF back (3) [09.00]
4&5 Step L behind R (4), step R to side (&), step L across R (5) [09.00]
6&7 1/8 turn R and step R fwd. (6) [10.30], step L fwd. (&), step R fwd. and kick L fwd. into sweep L back while turning 1/8 left (7) [09.00]
8&1 Step L behind R (8), step R to side (&), step L to side (1) [09.00]

[25 – 32] Cross-Side-Behind, Sweep, Behind-Side-Cross, ½ Pivot Turn L, Cross Rock, Side Rock

2&3 Step R across L (2), step L to side (&), step R behind L and sweep L back (3) [09.00]
4&5 Step L behind R (4), step R to side (&), step L across R (5) [09.00]
6& Step R fwd. (6), ½ turn L and weight to LF (&) [03.00]
7&8& Rock R across L (7), recover to LF (&), rock R to side (8), recover to LF (&) [03.00]

Restarts:

Dance walls 2 and 7 up to count 16& and restart.
Wall 2 starts facing 03.00 and restart facing 12.00
Wall 7 starts facing 12.00 and restart facing 09.00

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Last Update - 23 Jan. 2023 - R1