Timbale Groove



拍數: 32 牆數: 4 級數: Intermediate Cha Cha

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音樂: Timbale Groove - Willie Bobo: (Album: Popcorn Shakers)



Starting point: At the trumpet, at about 0:09.

Note: Please don't use the 2:31 version (2002 remix), as that one cuts out rather poorly. Use the original version (the 2:48 version) as that one has a proper fade-out.

1/4 LEFT TURNING CROSS STEP, HOLD, 1/4 LEFT TURNING CROSS STEP, HOLD, SIDE ROCK, ROCK STEP, POINT

1-2 Step left across right and turn 1/4 to left, hold

&3-4 Step right to right side, step left across right and turn 1/4 to left, hold

&5-6 Rock right to right side, hold, recover weight back to left

7& Step right next to left, rock left to left side

8&1 Recover weight back to right, step left next to right, point right to right side

HOLD, 1/2 TURN & POINT, HOLD, 1/4 LEFT TURNING SWEEP, STEP ACROSS, SIDE SHUFFLE

2& Hold, step weight to right

3-4 Turn 1/2 to right by pointing left to left side, hold 5-6 Turn 1/4 to left, sweep right from back to front

7 Step right across left

8&1 Step left to left side, step right next to left, step left to left side (this is 1. step of a rock step)

SYNCOPATED ROCK STEPS. ROCK FORWARD, STEP BACK, LOCK SHUFFLE BACK

2& Recover weight back to right, step left next to right

3-4& Rock right to right side, recover weight back to left, step right next to left

5-6 Rock left forward, recover weight back to right

7 Step left back

Step right back, lock right across left, step right back

SYNCOPATED LOCK STEPS THAT TURN A FULL TURN, SYNCOPATED ROCK STEP FORWARD, SYNCOPATED ROCK STEP BACK

Turn ½ to left and step left forward, lock right behind left
Turn ¼ to left and step left forward, lock right behind left
Turn ¼ to left and step left forward, lock right behind left

5 Step left forward

Rock right forward, recover weight back to left, step right back

8& Rock left back, recover weight back to right

Note: With counts 2-4 you turn a full turn to your left.

REPEAT