

Giddy Up!

拍數: 72 牆數: 2 級數: Intermediate
編舞者: Angelita Mazzoleni (IT) - January 2023
音樂: Giddy Up! - Shania Twain



Intro: 8 Counts

STEP SIDE RIGHT - TURN AND KICK LEFT - LEFT COASTER STEP - TURN AND POINT (X 2) - CROSS SHUFFLE RIGHT ON LEFT

- 1 Step side on right foot
- 2 Turn 1/4 left and Kick fwd left
- 3 & 4 Left Coaster Step
- 5 Turn 1/4 left and side point on right foot
- 6 Turn 1/4 left and side point on right foot
- 7 & 8 Cross shuffle right

STEP SIDE LEFT - TURN AND KICK RIGHT - RIGHT COASTER STEP - TURN AND POINT (X 2) - CROSS SHUFFLE LEFT ON RIGHT

- 1 Step side on left foot
- 2 Turn 1/4 right and Kick fwd right
- 3 & 4 Right Coaster Step
- 5 Turn 1/4 right and side point on left foot
- 6 Turn 1/4 right and side point on left foot
- 7 & 8 Cross shuffle left

RIGHT STEP SIDE WITH BUMP - BUMP LEFT - BUMP RIGHT - HOLD - BUMP LEFT - BUMP RIGHT - BUMP LEFT - HOLD

- 1, 2 Right side step with soft bump - Soft bump on left
- 3, 4 Bump with accent on right - Hold
- 5, 6 Soft bump on left - Soft bump on right
- 7, 8 Bump with accent on left - Hold

SHUFFLE FWD RIGHT WITH 1/4 TURN - SHUFFLE LEFT BACK WITH 1/2 TURN - RIGHT ROCK BACK - HEEL SWITCHES RIGHT/LEFT

- 1 & 2 Turn 1/4 right and shuffle fwd right
- 3 & 4 Turn 1/2 right with left shuffle back (9 o' clock)
- 5, 6 Right rock back
- 7 & Right heel fwd - Close right next Left
- 8 & Left heel fwd - Close left next Right

STEP FWD RIGHT - TOUCH LEFT OVER - STEP FWD LEFT - STEP RIGHT OVER - 2 STEP BACK - OUT OUT RIGHT/LEFT - DOUBLE CLAP

- 1, 2 Right step slightly fwd - Touch left on right
- 3, 4 Left step slightly fwd - Touch right on left
- 5, 6 Step back right foot - Step back left foot
- & Right foot slightly on right side back
- 7 Left foot slightly on left side back
- &, 8 Double clap

STEP FWD RIGHT - TOUCH LEFT OVER - STEP FWD LEFT - STEP RIGHT OVER - 2 STEP FWD - OUT OUT RIGHT/LEFT - DOUBLE CLAP

- 1, 2 Right step slightly fwd - Touch left on right
- 3, 4 Left step slightly fwd - Touch right on left

5, 6 Step forward right foot - Step forward left foot
& Right foot slightly on right side fwd
7 Left foot slightly on left side fwd
& 8 Double clap

CHASSE' RIGHT - CHASSE' LEFT 1/4 TURN - RIGHT SAILOR TURN 1/2 - HOLD 7 - JUMPING OUT OUT LEFT/RIGHT

1 & 2 Chassé right
3 & 4 Chassé left with 1/4 turn left
5 & 6 Right Sailor turn 1/2 right
7 Hold
& 8 Jumping out out left/right

CHASSE' LEFT - CHASSE' RIGHT 1/4 TURN - LEFT SAILOR TURN 1/2 - HOLD 7 - JUMPING OUT OUT RIGHT/LEFT

1 & 2 Chassé left
3 & 4 Chassé right with 1/4 turn right
5 & 6 Left Sailor turn 1/2 left
7 Hold
& 8 Jumping out out right/left

CROSS RIGHT OVER - HEEL JACK LEFT - RECOVER RIGHT - HEEL JACK RIGHT- STEP FWD LEFT WITH 1/4 TURN LEFT - 1/2 TURN LEFT AND STEP BACK RIGHT - LEFT SAILOR 1/2 TURN

1 Right cross over left
& Step back left diagonally
2 Touch right heel fwd diagonally
& Recover right
3 Left cross over right
& Step back right diagonally
4 Touch left heel fwd diagonally
5 Turn 1/4 left with step fwd left
6 Turn 1/2 left with step back right
7 & 8 Left Sailor turn 1/2 left

RESTART: On 3rd wall after 32 counts, from the beginning of the dance

BRIDGE: On 4th wall after 32 counts, hold for 4 counts (have fun, you can move hips or shoulders, or both) Then start the dance from the count 49 (section 7)

END: At the 5th wall dance the first 4 sections and replace left heel fwd (count 32), with left stomp fwd (Where the song ends - 12 o' clock)

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