Flowers

拍數: 32

級數: Beginner

編舞者: Sally Hung (TW) - January 2023

音樂: Flowers - Miley Cyrus

Intro: Start to dance from the lyric We were "good" - No tag, No restart

S1. SIDE, SCUFF, SHUFFLE BACK, BACK ROCK, RECOVER, SHUFFLE FWD

- 1,2 Step R to R side, Scuff L beside R
- 3&4 Step back on L, Close R beside L, Step back on L
- 5,6 Rock back on R, Recover on L
- 7&8 Step R fwd, Close L beside R, Step R fwd

S2. STEP, PIVOT 1/4 TURN R, CROSS SHUFFLE, ROCK X4

- 1,2 Step L fwd, Pivot 1/4 turn R
- 3&4 Cross L over R, Step R to R, Cross L over R
- 5,6,7,8 Step R to side and rock R to R side, Recover onto L, Rock R to R side, Recover onto L

S3. SYNCOPATED WEAVE, SIDE ROCK, RECOVER, BEHID, SIDE, CROSS

- 1,2 Cross R over L, Step L to L side
- 3&4 Cross R behind L, Step L to L side, Cross R over L
- 5,6 Rock L to L side, Recover onto R
- 7&8 Cross L behind R, Step R to R, Cross L over R

S4. 1/4 R MONTEREY TURN, FWD, POINT, 1/4 L SIDE, SCUFF

- 1,2,3,4 Point R to R side, Turn 1/4 R stepping R beside L, Point L to L side, Step L beside R
- 5,6,7,8 Step R fwd, Touch L beside R, 1/4 turn L stepping L to L side, Scuff R beside L

Enjoy!

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牆數:4