

# Flowers EZ

拍數: 52      牆數: 2      級數: High Beginner  
編舞者: Judy Rodgers (USA) - January 2023  
音樂: Flowers - Miley Cyrus



#8 seconds Intro on word 'Good' - 1 restart

**S1: Step, turn 1/4 L, cross, hold, L toe strut, cross R toe strut**

1-2            Step R fwd, turn 1/4 L step L to left side 9:00  
3-4            Cross R over L, hold  
5-6            Touch L toe to left side, step down L  
7-8            Cross R toe over L, step down R

**S2: Step/dip L & R with touch, rock recover, shuffle turn 1/4 L**

1-2            Step/dip L to left side, touch R to right diagonal  
3-4            Step/dip R to right side, touch L to left diagonal  
5-6            Rock L fwd, recover R  
7&8           Turn 1/4 left shuffle fwd L R L 6:00

\*\*\*\*\* Restart here on Wall 3

**S3: Rumba box hold, rocking chair**

1-4            Step R to right side, step L beside R, step R fwd, hold  
5-8            Rock L fwd, recover R, rock L back, recover R

**S4: Step tap, back kick, rock back, step turn 1/4 R**

1-2            Step L fwd, tap R toe beside L  
3-4            Step R back, kick L fwd  
5-6            Rock L back, recover R  
7-8            Step L fwd, turn 1/4 right step R fwd 9:00

**S5: Out out in in, jazz box**

1-2            Step L fwd to left diag, step R fwd to right diag  
3-4            Step L back to center, step R beside L  
5-8            Cross L over R, step R back, step L to left side, step R fwd

**S6: Step touch step touch, sway, sway, sway, hold**

1-2            Step L fwd to left diagonal, touch R beside L  
3-4            Step R fwd to right diagonal, touch L beside R  
5-8            Step/sway L, sway R, sway L, hold

**S7: Cross, turn 1/4 L bounce bounce bounce**

1-4            Cross R over L, turn 1/4 left as you bounce heels 3 times, weight to L 6:00

Ending: Wall 8 ends after 40 counts facing 3:00 .... turn left to face front!

Last Update: 22 Jan 2023