

In The Sweet

拍數: 48 牆數: 4 級數: Phrased High Improver
編舞者: Gudrun Bachner (AUT) - January 2023
音樂: In The Sweet By And By - Ben Hester



Phrased; ABB ABB A Restart A BB BB
~0 Tags, 1 Restart in 3rd time Part A after 28 counts

Start dance after 8 counts

Part A:

[S1] step point, step scuff-hitch, cross, back, shuffle ¼ turn

1-2 Step RF forward, point LF to L side
3&4 Step LF forward, scuff and hitch RF
5-6 Cross RF over LF, step back LF
7&8 Step back RF, close LF next to RF, turn ¼ R, step RF to R (3:00)

[S2] cross, side, behind-side-cross, side push, ¼ turn, step ½ turn

1-2 Cross LF over RF, step RF to R
3&4 Cross LF behind RF, step RF to R, cross LF over RF
5-6 Step RF to R with twisting upper body to R, recover on LF and twist back
7-8 Turn ¼ L, step RF forward, turn ½ L, weight on LF (6:00)

[S3] rock step, shuffle ½ turn, rock step, shuffle ½ turn

1-2 Step RF forward, recover on LF
3&4 Turn ½ R, step RF to R side, close LF to RF, turn ¼ R step RF forward (12:00)
5-6 Step LF forward, recover on RF
7&8 Turn ½ L, step LF to L side, close RF to LF, turn ¼ L step LF forward (6:00)

[S4] mambo forward, mambo back, heel, hook, heel, flick, close, swivel

1&2 Step RF forward, recover on LF, step back RF
3&4 Step LF back, recover on RF, step LF forward

Restart in 3rd round Part A (harmonica without singing)

5&6& Touch R heel forward, hook RF in front of L shin, touch R heel forward, flick RF back
7&8 Close RF next to LF, swivel both heels R, swivel both heels back L

Part B:

[S1] shuffle forward x2, rock step, shuffle ¾ turn

1&2 Step RF forward, close LF next to heran, step RF forward
3&4 Step LF forward, close RF next to LF, step LF forward
5-6 Step RF forward, recover on LF
7&8 Turn ¼ R and step RF to R (9:00), turn ¼ R and close LF next to RF (12:00), turn ¼ R, step RF forward (3:00)

[S2] side rock, coaster step, step pivot ½ x2

1-2 Step LF to L side, recover on RF
3&4 Step LF back, close RF next to LF, step LF forward
5-6 Step RF forward, turn ½ L, weight in the end L (9:00)
7-8 Step RF forward, turn ½ L, weight in the end L (3:00)

Last Update: 18 Jan 2023
