

Get Giddy

COPPERKNOB
STEPSHEETS

拍數: 72 牆數: 2 級數: Phrased Intermediate / Advanced
編舞者: Aleigha Elston (USA) - January 2023
音樂: Giddy Up! - Shania Twain



PHRASING: A, B, A, B, A (RESTART), A (TAG), B, A

PART A: 48c

[1-8] SCUFF - OUT - OUT - HEEL SWIVELS - HITCH - CROSS - ROCK - RECOVER - STEP - HOP W/
KNEE POP - HOP WITH HEEL TOUCH

1&2 (1) Scuff RF, (&) Step RF to R side, (2) Step LF to L side
3&4& (3) Swivel R heel in to center, (&) Swivel R toes in to center, (4) Swivel R heel in to center,
 (&) Hitch RF
5&6 (5) Cross RF over LF, (&) Rock LF out to L side, (6) Recover weight to RF
7&8 (7) Step LF forward, (&) Step RF forward popping L knee, (8) Hop forward on RF placing L
 heel in front

[9-16] STEP - TOUCH - 1/2 TURN RIGHT - 1/4 TURN RIGHT WITH TOE POINT - BEHIND - SIDE -
TOGETHER - WALK (X3)

1, 2 (1) Step LF forward, (2) Touch R toe behind
3, 4 (3) Step RF back making 1/2 turn R, (4) Point LF out to side making 1/4 turn R
5&6 (5) Step LF behind RF, (&) Step RF to R side, (6) Step LF together
7&8 (7) Step RF forward, (&) Step LF forward, (8) Step RF forward

****Counts 7&8 can be stomps forward or a running motion for some styling****

[17-24] SIDE HIP BUMPS - 1/4 TURN RIGHT - 1/2 TURN RIGHT (X2) - JUMP (X2)

1&2& (1) Step LF to L side and bump hips to L, (&) Bump hips to R, (2) Bump hips to L, (&) Bump
 hips to R
3&4 (3) Bump hips to L, (&) Bump hips to R, (4) Bump hips to left taking weight on LF
5, 6 (5) Step RF to R side making 1/4 turn R, (6) Step LF back making 1/2 turn R
7&8 (7) Step RF back making 1/2 turn R, (&) Jump forward on both feet, (8) Jump forward on both
 feet

[25-32] CROSS - ROCK - RECOVER - CROSS - ROCK - RECOVER - STEP - 1/2 TURN LEFT - ROCK -
CROSS

1&2 (1) Cross LF over RF, (&) Rock RF out to R side, (2) Recover weight to LF
3&4 (3) Cross RF over LF, (&) Rock LF out to L side, (4) Recover weight top RF
5&6 (5) Step LF forward, (&) Step RF forward, (6) 1/2 turn L stepping forward on LF
7&8 (7) Rock RF out to R side, (&) Recover weight to LF, (8) Cross RF over LF

****RESTART AT THE END OF THIS SECTION THE THIRD TIME YOU DANCE PART A.**

Replace the last 3 counts with:

(7) Rock RF out to R side, (&) Recover weight to LF, (8) Touch RF next to LF

Then Restart from top pf part A

*****TAG AT THE END OF THIS SECTION THE FOURTH TIME YOU DANCE PART A.**

Make the same change you made for the first restart, and then follow with a tag. The tag is stomping it out to the beats. (you will hear it!)

Make sure to Start with a stomp on your RF to ensure your weight ends on your RF after the tag. Then you will start Section B.

[33-40] SIDE BODY ROLL (X2) - TOUCH - 1/4 TURN - 1/2 TURN (X2) - JUMP (X2)

1, 2 (1) Touch LF to L side angling body to 7:30 and begin body roll head to toe, (2) End body roll
 with weight on LF

- 8&3, 4 (&) Bring RF to LF, (3) Touch LF to L side body rolling head to toe, (4) Touch RF next to LF bringing body back to 6:00
- 5, 6 (5) Step RF to R side making 1/4 turn, (6) Step LF forward making 1/2 turn R
- 7&8 (7) Step RF back making 1/2 turn R, (&) Hop forward on both feet, (8) Hop forward on both feet

[41-48] PRESS - TOGETHER - STEP - POINT BACK - 1/2 TURN - TRIPLE - ROCK AND CROSS 1/4 TURN

- 1, 2& (1) Touch RF forward pressing weight into ball of RF, (2) Recover weight to RF, (&) Step LF to RF
- 3, 4 (3) Point RF back, (4) 1/2 turn R taking weight on RF
- 5&6 (5) Step LF forward, (&) Step RF to LF, (6) Step LF forward
- 7&8 (7) Rock RF to R side making 1/4 turn L, (&) Recover weight to LF, (8) Cross RF over LF

PART B: 24c

[1-8] TURNING PONY STEPS FULL TURN LEFT - CLAP - TURNING PONY STEPS FULL TURN RIGHT - TOGETHER - OUT

*****These steps are similar to pony steps but you will be turning a 1/4 turn over 4 counts as you do them*****

- 1&2& (1) Step LF to L side making 1/4 turn L hitching R, (&) Step RF together making 1/4 turn L, (2) Step LF together making 1/4 turn L hitching R, (&) Step RF together making 1/4 turn L
- 3, 4 (3) Step LF to L side, (4) Clap and touch RF to R side
- 5&6& (5) Take weight on RF hitching L, (&) Step LF together making 1/4 turn R, (6) Step RF together making 1/4 turn R hitching L, (&) Step LF together making 1/4 turn R
- 7&8 (7) Step RF together making 1/4 turn R hitching L, (&) Jump together on both feet, (8) Jump out on both feet

[9-16] HIP SWAYS - HIP BUMP - ROCK - KICK - ROCK - KICK

- 1, 2 (1) Sway hips to L, (2) Sway hips to R
- 3&4 (3) Sway hips to L, (&) Bump R hip up, (4) Bring R hip down taking weight on LF
- 5&6 (5) Rock RF out to R side kicking L heel in front, (&) Recover weight to LF, (6) Kick RF across LF
- 7&8 (7) Rock RF out to R side kicking L heel in front, (&) Recover weight to LF, (8) Kick RF across LF

[17-24] LOCK STEP - TRIPLE STEP - ROCK - RECOVER - 1/2 TURN - KNEEE POPS

- &1, 2 (&) Slightly hitch RF across LF to prep for a step forward on RF, (1) Step RF forward, (2) Lock LF behind RF
 - 3&4 (3) Step RF forward, (&) Bring LF to RF, (4) Step RF forward
 - 5, 6 (5) Rock forward onto LF, (6) Recover weight back onto RF
 - 7&8 (7) Step LF back making 1/2 turn L, (&) Step RF forward popping L knee, (8) Step LF forward popping R knee
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