

# Flowers

**COPPER** KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Esmeralda van de Pol (NL) - January 2023  
音樂: Flowers - Miley Cyrus



**Intro: Start on the word "Good"**

**SIDE, TOGETHER, FWD, PIVOT ½ TURN R, ½ TURN R, BACK, ¼ TURN L, CROSS ROCK FWD, SIDE**

1-2-3      Step RF to R side, Step LF next to RF, Step RF fwd  
4&5      Step LF fwd, ½ turn R-weight on RF, ½ turn R-step back on LF 12.00  
6-7      Step back on RF, ¼ turn – Step LF to L side 09.00  
8&1      Rock RF across LF, Recover weight on LF, Step RF to R side\*\*already count 1 restart wall 5&11

**CROSS ROCK FWD, LOCKSTEP FWD, ROCK, RECOVER, CHASSE ¼ R**

2-3      Rock LF across RF, Recover weight on RF  
4&5      Step LF fwd, Step RF behind LF, Step LF fwd  
6-7      Rock RF fwd, Recover weight on LF  
8&1      ¼ turn R-step RF to R side, Step LF next to RF, Step RF to R side\*\*already count 1 restart wall 2&7 12.00

**HOLD, BALL STEP ¼ TURN R, HOLD, BALL STEP ¼ TURN R, CROSS, SIDE, BEHIND SIDE CROSS ROCK**

2      Hold  
&3      Step LF next to RF, ¼ turn R-step RF slightly fwd 03.00  
4&5      Hold, Step LF next to RF, ¼ turn R-step RF slightly fwd 06.00  
6-7      Cross LF in front of RF, Step RF to R side  
8&1      Step LF behind Rf, Step RF to R side, Rock LF across RF

**RECOVER, SIDE, TOGETHER & SIDE TOGETHER & SIDE, BACK ROCK, RECOVER**

2-3      Recover weight on RF, Step LF to L side  
4&5      Step RF next to LF, Replace weight on LF, Step RF to R side  
6&7      Step LF next to RF, Replace weight on RF, Step LF to L side  
8&      Rock RF back across LF, Recover weight on LF

**Restarts: (There are not so hard as it seem like,) Music will a little bit gone for one count, but go on... That's why de dance is 4 wall, restart will change the wall you dance the two walls.**

**Wall 2 after 16 counts 06.00**

**Wall 5 after 8 counts 03.00**

**Wall 7 after 16 counts 09.00**

**Wall 11 after 8 counts 12.00**

**Ending: Dance up till the end of the dance and make a quit ½ turn L to facing the front**

**Dance With Esmeralda**

**Esmeralda v.d. Pol**

**[www.esmeralda-dancers.com](http://www.esmeralda-dancers.com)**

**[info@esmeralda-dancers.com](mailto:info@esmeralda-dancers.com)**