

# Don't Stop Your Feet

COPPER KNOB  
BY STEPHEN

拍數: 64      牆數: 2      級數: Improver  
編舞者: Sophie Stevens (UK) - January 2023  
音樂: Don't Stop Dancing - Olly Murs



Music available on iTunes, Spotify and Amazon

#16 Count Intro (4 strong beats in intro per 4 counts then start)

## S1: R Shuffle Forward, L Shuffle Forward, R Shuffle Forward, L Shuffle Forward

1 & 2      Step Right Forward to Right Diagonal, Close Left Next to Right, Step Forward on Right  
3 & 4      Step Left Forward to Left Diagonal, Close Right Next to Left, Step Forward on Left  
5 & 6      Step Right Forward to Right Diagonal, Close Left Next to Right, Step Forward on Right  
7 & 8      Step Left Forward to Left Diagonal, Close Right Next to Left, Step Forward on Left

Arms - On All Shuffles on the back walls (wall 2, 4 & 6 – the chorus of the song) shoot the fingers like Saturday night fever to the direction the feet are travelling to.

## S2: V Step, R Side Rock, L Recover, R Side Rock, L Recover with R Hitch

1 2      Step Right Forward to Right Diagonal, Step Left Forward to Left Diagonal  
3 4      Step Right Back to Centre, Step Left Next to Right  
5-6      Step Right to Right Side (Swing Hips to Right), Recover on Left (Swing Hips to Left)  
7-8      Rock to Right Side (Swing Hips to Right), Recover on Left (Swing Hips to Left) Hitch Right

Arms - On the Side Rocks, Swing Arms (from the Elbows to Fists) from Right to Left, Right to Left.

## S3: R Chasse, L Rock Back, R Recover, L Rolling Vine

1 & 2      Step Right to Right Side, Step Left Next to Right, Step Right to Right Side  
3-4      Step Left Behind Right, Recover on Right  
5 -6      ¼ Left Stepping Forward on Left, ½ Left Stepping Back on Right (3:00)  
7-8      ¼ Left Stepping Left to Left Side, Touch Right Next to Left (12:00)

Option - Grapevine to Left instead of Full Turn

## S4: R Walk Forward, L Walk Forward, Anchor Step, L Walk Back, R Walk Back, L Coaster Step

1-2      Step Forward on Right, Step Forward on Left  
3 & 4      Lock Right Behind Left, Step Weight on Left, Step Slightly Back on Right  
5-6      Step Back on Left (Pop Right Knee), Step Back on Right (Pop Left Knee)  
7 & 8      Step Back on Left, Step Right Next to Left, Step Forward on Left

## S5: Toe/Heel Struts Forward x4

1-2      Touch Right Toe Forward, Lower Right Heel to Floor  
3-4      Touch Left Toe Forward, Lower Left Heel to Floor  
5-6      Touch Right Toe Forward, Lower Right Heel to Floor  
7-8      Touch Left Toe Forward, Lower Left Heel to Floor

Option - Add hip bumps on the toe/heel struts or shimmy or both hip bumps & shimmy

## S6: Monterey ¼ Turn, Monterey ¼ Turn, L Flick

1-2      Point Right to Right Side, Turn ¼ Right Stepping Right Beside Left (3:00)  
3-4      Point Left to Left Side, Step Left Next to Right  
5-6      Point Right to Right Side, Turn ¼ Right Stepping Right Beside Left (6:00)  
7-8      Point Left toe to Left side, Flick Left Behind Right

## S7: L Chasse, R Rock Back, L Recvoer, R Vine ¼ Turn R, L Brush

1 & 2      Step Left to Left Side, Step Right Next to Left, Step Left to Left Side  
3-4      Step Right Behind Left, Recover on Left  
5-6      Step Right to Right Side, Step Left Behind Right

7-8 Step Right  $\frac{1}{4}$  Right, Brush Left Next to Right (9:00)

**S8: L Rocking Chair,  $\frac{1}{4}$  Turn Jazz Box with R Touch**

1-2 Rock forward on Left, Recover on Right

3-4 Rock back on Left, Recover on Right

5-6 Cross Left over Right, Step Right Back  $\frac{1}{4}$  Turn Left (6:00)

7-8 Step Left to Left Side, Touch Right Next to Left

**No Tags, No Restarts.**

**Ending: Dance all of Wall 6 which finishes at the front wall (12:00), after the  $\frac{1}{4}$  Turn Jazz Box with Touch, Step Right to Right Side with optional disco fever arms (Left Hand on Hip, Right Arm up to Right Diagonal, Pointing Index Finger).**

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