

My People (aka 6 Toe Stomp)

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Willie Brown (SCO) - January 2023
音樂: MY PEOPLE - James Johnston



Intro; On vocals / 16 counts (app 7 secs)

SECTION 1 – HEEL, TOGETHER x2, STOMP 2, HEEL HOOK

1,2 Touch Right heel forward, step Right beside Left taking weight
3,4 Touch Left heel forward, step Left beside Right taking weight
5,6 Stomp Right beside Left, stomp Left beside Right
7,8 Touch Right heel forward, hook Right foot across Left shin

SECTION 2 – FORWARD, TOUCH, BACK, KICK, BACK, TOGETHER, STOMP x2

1,2 Step forward on Right, touch Left toe beside Right
3,4 Step back on Left, kick Right forward
5,6 Step back on Right, step Left beside Right
7,8 Stomp Right forward, stomp Left beside Right

***Restart here during walls 4 & 10**

SECTION 3 – TOE POINT x4 MAKING ¼ TURN

This section makes a gradual ¼ turn to the Right

1,2 Point Right toe out to Right side, step Right beside Left
3,4 Point Left toe out to Left side, step Left beside Right
5,6 Point Right toe out to Right side, step Right beside Left [3]
7,8 Point Left toe out to Left side, step Left beside Right

***During the chorus when he sings about 'My People' walls 3,7,11 repeat counts 5-8 (2 more 'toes') but still only making 1/4 turn**

SECTION 4 – VINE RIGHT, VINE LEFT

1,2 Step Right to Right side, cross Left behind Right
3,4 Step Right to Right side, touch Left toe beside Right
5,6 Step Left to Left side, cross Right behind Left
7,8 Step Left to Left side, touch Right toe beside Left

***At the end of wall 11 add Stomp R, Stomp L**

...START AGAIN...

Extra 'bits';

Wall 3 – 6 'toes' instead of 4 Wall 4 – restart after 16 counts

Wall 7 – 6 'toes' instead of 4 Wall 10 – restart after 16 counts

Wall 11 – 6 'toes' instead of 4 PLUS 2 extra stomps at the end

It seems a lot but the song will guide you