

Be A Better Man

拍數: 32 牆數: 2 級數: Improver
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音樂: Gettin' You Home - Chris Young



Intro: 16 Counts, Start at approx 10 secs

SEC 1 Side, Together, Back Shuffle, Back Rock, Shuffle

1-2 Step right to right, step left beside right
3&4 Step right back, step left beside right, step right back
5-6 Rock left back, recover weight onto right
7&8 Step left forward, step right beside left, step left forward

SEC 2 Extended Weave, Side Rock Cross

1-2 Cross right over left, step left to left
3-4 Step right behind left, step left to left
5 Cross right over left
6-7 Rock left to left, recover weight onto right
8 Cross left over right

***Restart: Here on Wall 3 and 8**

SEC 3 Side, Together, ¼ Side Shuffle, Step, ¼ Pivot, Cross, Point

1-2 Step right to right, step left beside right
3&4 Step right to right, step left beside right, turn ¼ right step right forward (3:00)
5-6 Step left forward, pivot ¼ right transferring weight onto right (6:00)
7-8 Cross left over right, point right to right

SEC 4 Three Count Jazzbox x2, Back Rock

1-2 Cross right over left, step left back
3-4 Step right back to right diagonal, cross left over right

***Restart: Here on Wall 5**

5-6 Step right back, step left back to left diagonal
7-8 Rock right back, recover weight onto left
