

Flowers

拍數: 52 牆數: 4 級數: Intermediate
編舞者: Linda Burgess (AUS) - January 2023
音樂: Flowers - Miley Cyrus



Intro: very short intro: approx. 8 secs. Start on word "Good"

[1-8] SIDE, HOLD, TOGETHER, SIDE, REPLACE, BEHIND, SIDE, CROSS, ¼ BACK, ¼ SIDE

1,2&3,4 Step R to R, hold, step L beside R, rock/step R to R, replace weight to L - 12.00
5&6,7,8 Cross/step R behind L, step L to L, cross/step R over L, turn ¼ R & step back L, turn ¼ R & step R to R 6.00

[9-16] CROSS, HOLD, BALL/SIDE, REPLACE, CROSS, ¼ BACK, ½ FWD, SHUFFLE FWD

1,2&3,4 Cross/step L over R, hold, rock/step R to R on ball of R, replace weight to L, cross/step R over L - 6.00
5,6,7&8 Turn ¼ R & step back L, turn ½ R & step fwd R, step fwd L, step R beside L, step fwd L - 3.00

[17-24] SIDE/Drag, HOLD, BALL, CROSS, ¼ BACK, SIDE/Drag, HOLD, BALL, CROSS, ¼ BACK

1,2&3,4 Step R to R & drag L, hold, step L ball of foot beside R, cross/step R over L, turn ¼ R & step back L - 6.00
5,6&7,8 Step R to R & drag L, hold, step L ball of foot beside R, cross/step R over L, turn ¼ R & step back L - 9.00

[25-32] ROCK/BACK, REPLACE, PIVOT ½, PIVOT ¼, CROSS, SAMBA TURN 1/8TH

1,2,3,4 Rock/step back R, replace weight to L, step fwd R, pivot ½ turn L - 3.00
5,6,7&8 Step fwd R, pivot ¼ L, cross/step R over L, rock/step L to L, turn 1/8th R & replace weight to R - 1.30

[33-40] ROCK/FWD, REPLACE, SHUFFLE BACK, ROCK/BACK, REPLACE, ½ SHUFFLE BACK

1,2,3&4 Rock/step fwd L, replace weight to R, step back L, step R beside L, step back L - 1.30
5,6,7&8 Rock/step back R, replace weight to L, turn ½ L & step back R, step L beside R, step back R - 7.30

[41-48] 1/8TH L & STEP L, HOLD, TOGETHER, SIDE, TOUCH, ROLL 1 ¼ TURN R, STEP FWD

1,2&3,4 Turn 1/8th L & step L to L, hold, step R beside L, step L to L, touch R beside L - 6.00
5,6,7,8 Turn ¼ R & step fwd R, turn ½ R & step back L, turn ½ R & step fwd R, step fwd L - 9.00

[49-52] PIVOT ½, PIVOT ½

1,2,3,4 Step fwd R, pivot ½ turn L, step fwd R, pivot ½ turn L - 9.00

Restart: On Wall 3 facing 6.00., dance counts 1-16 then restart facing 9.00

Finish: Dance counts 1-40 (the shuffle back), then turn 3/8th's over L shoulder to front, & step fwd L

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