

Just The One

拍數: 32 牆數: 4 級數: Improver
編舞者: Hanna Pitkanen (FIN) - January 2023
音樂: Just The One (I've Been Looking For) - Johnnie Taylor



Restart: on wall 6 after 16 counts

Intro: 8 counts

[1-8]: Vaudevilles

1,2 Step right over left, step left to side
3&4& Cross right behind left, step left next to right, touch right heel forward, step right next to left
5,6 Step left over right, step right to side
7&8& Cross left behind right, step right next to left, touch left heel forward, step left next to right

[9-16] Jazzbox, ½ pivot x 2

1,2 Cross right over left, step left back
3,4 step right to side, step left forward
5,6 Step forward on right, pivot ½ turn to left (weight on left)
7,8 Step forward on right, pivot ½ turn to left (weight on left)

Easier option to counts 5-8: rocking chair

***Restart - here on wall 6 facing 3 o/c**

[17-24] Side, behind, side, cross, rock turn ¼, ¼, touch & touch

1 1/4 turn left stepping right foot to side,
2&3 cross left foot behind right, Step right foot to side, cross left foot over right,
4,5,6 Rock right foot to side, ¼ turn to left while you recover weight to left foot, ¼ turn to left
 stepping right to side
7&8 Touch left next to right, step left to side, touch right next to left

[25-32] Chasse, rock step, boogie walks left, right, left, scuff

1&2 Step right to side, step left next to right, step right to side
3,4 Rock back on left foot, recover weight to right
5,6 Step forward on left rolling knees to left, step forward on right rolling knees to right (with toes
 pointing forward)
7,8 Step forward on left rolling knees to left, Scuff right

Easier option for counts 5-7: walks forward left, right, left

START AGAIN - Have fun dancing!

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