

Up In The Giddy Up

拍數: 48 牆數: 2 級數: Improver
編舞者: Darren Tubridy (UK) & David Sinfield (UK) - January 2023
音樂: Giddy Up! - Shania Twain



Intro: 8 Counts, Start at approx.. 5 secs

SEC 1: Side Rock Cross, Side Rock Cross, Toe, Heel, Stomp, Toe, Heel, Stomp

1&2 Rock left to left, recover weight onto right, cross left over right
3&4 Rock right to right, recover weight onto left, cross right over left
5&6 Touch left beside right, touch left heel forward, stomp left forward
7&8 Touch right beside left, touch right heel forward, stomp right forward

Restart 2 - Here on Wall 5

SEC 2: Cross, Back, ¼ Side, Cross, Back, ¼ Side, Point Switches, Touch Back ½ Heel Bounce Turn

1&2 Cross left over right, step right back, turn ¼ left step left to left (9:00)
3&4 Cross right over left, step left back, turn ¼ right step right to right (12:00)
5&6& Point left to left, step left beside right, point right to right, step right beside left
7&8 Touch left back, turn ¼ left bounce heels, turn ¼ left bounce heels (6:00)

SEC 3: Side, Slide, Ball Cross, Side, Slide, Ball Cross

1-2-3 Step left to left, slide right towards left over 2 counts
&4 Step right beside left, cross left over right
5-6-7 Step right to right, slide left towards right over 2 counts
&8 Step left beside right, cross right over left

Restart 1 - Here on Wall 2

SEC 4: ¼ Shuffle, Step, ½ Pivot, ½ Back Shuffle, Coaster Step

1&2 Turn ¼ left step left forward, step right beside left, step left forward (3:00)
3-4 Step right forward, pivot ½ left transferring weight onto left (9:00)
5&6 Turn ¼ left step right to right, step left beside right, turn ¼ left step right back (3:00)
7&8 Step left back, step right beside left, step left forward

SEC 5: Heel Grind, Heel Grind, ½ Heel Grind, Ball Step, Stomp, Stomp

1-2& Touch right heel forward, grind right heel step left back, step right beside left
3-4& Touch left heel forward, grind left heel step right back, step left beside right
5-6& Touch right heel forward, grind right heel turn ½ right step left back, step right beside left (9:00)
7&8 Step left forward, stomp right to right diagonal, stomp right to right diagonal

SEC 6: Cross Rock, ¼ Shuffle, Rock, Coaster Step

1-2 Cross rock left over right, recover weight onto right
3&4 Turn ¼ left step left forward, step right beside left, step left forward (6:00)
5-6 Rock right forward, recover weight onto left
7&8 Step right back, step left beside right, step right forward

Last Update - 13 Jan. 2023