

Cinta Untuk Mama

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數:
編舞者: Rince MRY (INA) & Cinta Lia (INA) - December 2022
音樂: Cinta Untuk Mama - Michela Thea



***1 Tag, No Restarts**

Tag : after wall 2

***Start dance after intro 16 counts**

S1.*WALK FORWARD WITH SWEEP (R-L) - ROCK FORWARD - BACKWARD WITH SWEEP - SAILOR STEP*

1-3 Step R forward with sweep L from back to front, Step L forward with sweep R from back to front, Step R forward with sweep L from back to front
4& Step L forward, recover on R
5-6 Step L back with Sweep R from front to back, Step R back with Sweep L from front to back
7&8 Step L cross behind R, Step R to side, Step L in place

S2.*SAILOR STEP-COASTER STEP 1/4TURN TO L-UNWIND 1/2 TURN TO L-SWAY (R-L) *

1 & 2 Step R cross behind L, Step L to side, Step R in place
3 & 4 Step L cross behind 1/4 Turn to L, Step R close beside L, Step L Forward
5-6 Step R Cross touch over L, make 1/2 turn to L
7-8 Step R to side with sway hip to R, sway hip to L

S3.*ROCK FORWARD (R-L) - NIGHTCLUB (R-L)

1-2& Step R Forward, recover on R, Step R close beside L
3-4& Step L forward, recover on L, Step L close beside R
5-6& Step R to side, Step L back, Step R in place
7-8& Step L to side, Step R back, Step L in place

S4.* FORWARD - PIVOT 1/2 TURN TO R-FORWARD- PIVOT 1/2 TURN TO L-PIVOT 1/2 TURN TO L - CROSS ROCK (R-L) *

1&2 Step R forward, 1/2 turn to R Step R in place, Step L forward
3&4 1/2 turn to L Step R back, 1/2 turn to L, Step L forward
5&6 Step R cross over L, Recover on R, Step R close beside L.
7&8 Step L cross over R Recover on R, Step L close beside R

TAG : Sway (R-L) 2 X

1-2 Sway hip to R, Sway hip to L,
3-4 repeat count 1 -2

Happy dance □□

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